

# TRIVOCIS

THREE VOICES . . . STUDENTS, PARENTS, FACULTY

FEBRUARY 2011

VOLUME 58, NUMBER 5

MENLO-ATHERTON HIGH SCHOOL

555 MIDDLEFIELD RD., ATHERTON, CA 94027 WWW.MABEARS.ORG 650/322-5311



## From the Principal

*Dear Menlo-Atherton Community:*

The winter holidays are a wonderful time to relax and recharge. It's a great way to clear your head and to re-tool for the spring semester. Moving final exams before the winter break was a prescient decision and appreciated by most everyone as a way to have a true break.

Governor Brown released the initial state budget for the next school year. While the overall landscape is quite bleak, K-12 public education has been spared further cuts at this point. We intend to maintain all our current programs and staffing and do not anticipate making any budget reductions.

### Fall Semester Round-Up

The annual canned food drive was a great success, collecting 62,227 pounds of food for Ecumenical Hunger. Distribution day was well attended and families were able to register for food assistance on a more regular basis.

M-A's Foundation for the Future was honored last month with an Apple Award from the California Consortium of the Educational Foundation for program outreach.

The wrestling team placed 7th in its winter tournament in the Apple Cider Classic Varsity Tournament, with junior Andre Delagnes placing first and Senior Kogi Kameda placing second.

The Girls' water polo program achieved an important distinction this season: not only did they win their league but for the second time they won their section, CCS. M-A is the only public school to have its girls' water polo program distinguish itself at this level. Credit goes to the tremendous talent on the team, strong parental support, and the coaching prowess of Christopher Rubin. Chris' six years as Head Coach have ushered in a golden era for the program.

The M-A Advanced Jazz Band and Jazz Combo garnered the highest rating at the Delta Jazz Festival. The Combo walked away with Third Place honors with Outstanding Soloist awards given to Lucas Del Calvo and Colton Toy. The Jazz Band placed 6th of all participating high schools; Lucas Del Calvo and Neil Zaky took Outstanding Soloist distinction.

### Springing Forward

Winter sports are running at full throttle. The District has also submitted its application and drawings for permanent field lights. (The recently signed settlement agreement with our neighbor defines operating agreements for both temporary and permanent lights and should avoid further litigation with regard to permanent light structures.)

The five-classroom Media Arts Building slated for the rear of campus is in final stage approval at the Department of the State Architect. It will be a balancing act to meet our construction budget; required site work around the building will be dramatically curtailed. Nevertheless, it will be a huge win for M-A to see it built, providing 21st-century learning environments and programs, and allowing for enrollment growth. The Board of Trustees must still approve the final drawings and accept a construction bid. Move-in date is tentatively set for August 2012.

Respectfully,

*Matthew Zito, Principal*



### Calendar Highlights

PTA General Meeting  
Tuesday, February 8  
Lincoln's Holiday - No School  
Friday, February 18  
President's Holiday - No School  
Monday, February 21  
Staff Development - No School  
Tuesday, February 22  
No Block Schedule  
Wed, February 23 & Thurs February 24  
M-A PTA Fashion Show  
Saturday, March 5

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Sign up for BearNotes and paperless TriVocis: [www.mabearspta.org](http://www.mabearspta.org)

Send articles for next issue by February 11<sup>th</sup> to [trivocis@mabearspta.org](mailto:trivocis@mabearspta.org).

## *Estimada Comunidad de Menlo-Atherton*

Las vacaciones de invierno son un tiempo maravilloso para relajarse y recargar energías. Es una gran manera de despejar la cabeza y renovarse antes del semestre de primavera. Trasladar los exámenes finales hacia antes de las vacaciones de invierno fue una decisión profética y apreciada por casi todo el mundo como una manera de tener unas verdaderas vacaciones.

El gobernador Brown publicó el presupuesto inicial del estado para el próximo año escolar. Si bien el panorama general es bastante poco prometedor, por ahora le han ahorrado más recortes a la educación pública K-12. Tenemos la intención de mantener todos nuestros programas y personal actuales y no anticipamos hacer ninguna reducción del presupuesto.

### **Semestre de otoño: Resumen**

La campaña anual de recolección de alimentos enlatados fue un gran éxito, recolectando más de 62,227 libras de alimentos para Ecumenical Hunger. El Día de Distribución fue muy concurrido y las familias pudieron inscribirse para recibir asistencia alimentaria de forma más regular.

Se honró a la Fundación para el Futuro [Foundation for the Future] de M-A el mes pasado con un Apple Award del Consorcio de California de la Fundación de Educación [California Consortium of the Educational Foundation] por el programa de acercamiento y participación en la comunidad.

El equipo de lucha libre obtuvo el 7º lugar en el torneo de invierno, el Torneo Clásico de Varsity Apple Cider, además André Delagnes, alumno de grado 11, obtuvo el primer lugar y Kogi Kameda, alumno de grado 12, el segundo.

El programa femenino de polo acuático logró una importante distinción esta temporada: no solo ganaron la liga, sino también, por segunda vez, ganaron su sección, la CCS. M-A es la única escuela pública que tiene un programa femenino de polo acuático que se haya distinguido a este nivel. El éxito es obra del gran talento del equipo, el fuerte apoyo de los padres y las proezas de entrenamiento de Christopher Rubin. Los seis años que lleva Chris como entrenador en jefe han dado inicio a una era dorada para el programa.

El Grupo avanzado de Jazz y el Conjunto de Jazz de M-A obtuvieron la calificación más alta en el Delta Jazz Festival. El Conjunto se llevó el tercer lugar con los premios de Soloista Excepcional entregados a Lucas Del Calvo y Colton Toy. El Grupo de Jazz obtuvo el 6º lugar de todas las escuelas secundarias participantes; Lucas Del Calvo y Neil Zaky obtuvieron la distinción de Soloista Excepcional.

### **Lo que se espera de la primavera**

Los deportes de invierno están en plena marcha. El Distrito también ha presentado su solicitud y planos para la iluminación permanente del campo. (El acuerdo de conciliación firmado recientemente con nuestro vecino define los convenios operativos para la iluminación temporal y la permanente y debe evitar nuevos litigios en lo que respecta a estructuras permanentes de iluminación.)

El edificio de las Artes Mediáticas con sus cinco salones de clase y que está previsto para ubicarse en la parte posterior del campus se encuentra en la fase final de aprobación en el Departamento Estatal de Arquitectura. Tendremos que hacer malabarismos para cumplir con nuestro presupuesto de construcción, por lo que las obras necesarias alrededor del edificio tendrán que reducirse dramáticamente. Sin embargo, será una gran victoria para M-A verlo construido, proporcionando entornos y programas de aprendizaje del siglo 21 y permitiendo el aumento de matrículas. El Consejo de Asesores aún tienen que aprobar los planos finales y aceptar una oferta de construcción. La fecha de mudanza es provisoriamente para agosto de 2012.

Atentamente,

*Matthew Zito*

*Director*

#### TRIVOCIS

February 2011

Volume 58, Number 5

M-A HS PTA News

17<sup>th</sup> District CCPT

Published monthly by the PTA of Menlo-Atherton High School,  
555 Middlefield Rd.,  
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[www.mabearspta.org](http://www.mabearspta.org)

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The purpose of the newsletter is to promote communication between the administration/faculty and parents. We welcome all your comments, suggestions, and articles. The mention of any business or service in this newsletter does not imply an endorsement by the M-A PTA. Send submissions by email to [trivocis@mabearspta.org](mailto:trivocis@mabearspta.org).

#### 2011 Publication Dates

Issue	Deadline	Mailing
March	Feb. 11	Feb. 23
April	March 18	March 30
May	Apr. 15	Apr. 27
June	May 13	May 25

## From the PTA

Happy New Year from the PTA!

Before we turn to the New Year and upcoming activities, please reflect back on the holiday season and acknowledge the outpouring of support for those in our community who are less fortunate. The Annual Canned Food Drive (spearheaded by M-A's Leadership students and advisers Andy Stuart and Kelly Todd) had invaluable assistance from parent volunteers Julie Brody and Trish Mitchell. This year the drive collected a whopping 62,227 pounds of food, which was distributed to 279 families (1,649 people). Second Harvest Food Bank partnered with M-A, and the food was distributed in East Palo Alto at the Ecumenical Hunger Program's distribution site. For the first time, the Leadership Program also pre-registered families for support next year and will continue as needed throughout 2011. Congratulations to everyone involved in this invaluable program.

Outreach Club, headed by faculty adviser Michele Breen and assisted by parent volunteers Pam Songer and Gloria Principe, collected and distributed holiday gifts to 68 M-A families in need. Special thanks to the 53 donor M-A families, members of our community and the M-A student clubs who adopted families and supported our shopping elves with monetary support. The holidays were much brighter for the families who received these packages. Many thanks to all who contributed to the Holiday Gift Drive.

With the holidays behind us, we have begun planning for next year! The PTA Nominating Committee (Stephanie Nisbet, Kathy Oppenheimer, Lori Cohen, Paula Rash and Sue Jagers) is looking for candidates to serve on the PTA Board and Committees for the 2011-2012 school year. Volunteering is a great way to learn how M-A works, get to know teachers, and keep up-to-date with school activities. If you are interested or would like to nominate someone for a board or committee position, please contact nominating committee chairs Stephanie Nisbet and Kathy Oppenheimer for more information, [vicepresident@mabearspta.org](mailto:vicepresident@mabearspta.org)

The next PTA General Meeting is on Tuesday, February 8th at 8:30 a.m. in the PAC Cafeteria. Please join us to hear the latest updates on M-A and to vote on PTA mini-grants (a second round of teacher grants-up to \$10,000 will be considered for approval).

*Carol Orton and Amy Boyle*  
2010-2011 PTA Co-Presidents  
[president@mabearspta.org](mailto:president@mabearspta.org)

### **New Rule: Shots Before School**

7<sup>th</sup> – 12<sup>th</sup> graders are now required to get a T-dap (whooping cough) shot before starting the 2011 -2012 School Year.

Call your doctor today!

Pertussis (Whooping Cough) is widespread. If your child 10 years and older has not yet received the T-dap pertussis booster shot, please contact your doctor or health department. Getting a booster shot now will protect your child against the ongoing threat of pertussis and meet a new school requirement that begins in the 2011-12 school year (California law - Assembly Bill 354) All students entering 7th through 12th grades will need proof of a T-dap booster shot before starting school in August, 2011.

Adults are also advised to get a pertussis booster shot, if they haven't already, to protect themselves, their families, and their students.

Please turn in proof of T-dap vaccine no later than August 1st, 2011 or fax to 650-306-1724. Your student will not be allowed to start school August 25th, 2011, without it. For any questions, please call the Health Office at 650-322-5311 x5129.

## De la PTA (Asociación de Padres de Familia, Maestros y Administradores...PTA)

Feliz Año Nuevo de la PTA!

Antes de que le demos la vuelta al año nuevo y comentemos de las actividades próximas, por favor reflexione sobre la temporada de fiestas y reconozca el tremendo apoyo que se obtuvo por las familias menos afortunadas de nuestra comunidad. La campaña anual de recolección de latas (liderado por los estudiantes de Liderazgo de M-A y consejeros Andy Stuart y Kelly Todd) tuvo un apoyo invaluable por parte de padres voluntarios Julie Brody y Trish Mitchell. Este año se juntó con la campaña 62,227 libras de comida que fueron distribuidas a 279 familias (1,640 personas). Second Harvest Food Bank se unió con M-A, y la comida fue distribuida en East Palo Alto en el sitio de distribución del Ecumenical Hunger Program. Por primera vez, el Leadership Program ya pre-registró a familias para recibir apoyo el año entrante y, si fuese necesario, durante el 2011. Felicidades a todos los que ayudaron con este programa invaluable.

Outreach Club, encabezado por la profesora consejera Michele Breen y apoyada por los padres voluntarios Pam Songer y Gloria Principe, juntaron y distribuyeron regalos a más de 60 familias necesitadas de M-A. Las fiestas para estas familias fueron más alegres gracias a los regalos que recibieron. Muchas gracias a todos quienes contribuyeron para el Holiday Gift Drive.

Con las fiestas terminadas, hemos empezado a planear para el año entrante! El PTA Nominating Committee (Stephanie Nisbet, Kathy Oppenheimer, Lorie Cohen, Paula Rash y Sue Jagers) están buscando candidatos para

servir en la mesa directiva y comités de la PTA para el año escolar 2011- 2011. El ser voluntario es una gran manera de aprender como funciona M-A, conocer a maestros, y mantenerse al día con las actividades del colegio. Si usted está interesado o si quisiera nominar a alguien para una posición en la mesa directiva o algún comité, por favor póngase en contacto con las líderes del comité Stephanie Nisbet y Kathy Oppenheimer. Y para más información: [vicepresident@mabearspta.org](mailto:vicepresident@mabearspta.org)

La próxima junta general de la PTA es el martes 8 de febrero a las 8:30am en la cafetería de la PAC. Por favor únase para oír los últimos adelantos de M-A y para votar en las mini-becas de la PTA (segunda ronda de mini-becas para maestros de hasta \$10,000 serán consideradas para aprobación).

*Amy Boyle y Carol Orton*

*2010-2011 Co-Presidentas de la PTA*

*[president@mabearspta.org](mailto:president@mabearspta.org)*

### Nueva Norma: Vacunas Antes de la Escuela

Se requiere que los estudiantes de los grados 7-12 se pongan una vacuna T-dap (tos ferina) antes de que empiece el curso escolar 2011-2012. ¡Llame a su médico hoy!

Pertusis (la tos ferina) está muy extendida. Si su hijo/a tiene 10 años o más y no ha recibido aún la vacuna de refuerzo T-dap contra la tos ferina, haga el favor de ponerse en contacto con su médico o con su departamento de salud. Una vacuna de refuerzo protegerá a su hijo/a contra la actual amenaza de la tos ferina y cumplirá el nuevo requisito escolar que comienza en el año escolar 2011-12 (Ley de California —Proposición de Asamblea 354). Todos los estudiantes que entren en los grados 7 a 12 necesitarán demostrar que han recibido la vacuna de refuerzo T-dap antes de empezar la escuela en agosto, 2011.

Se aconseja también a los adultos a que se pongan la vacuna de refuerzo contra la tos ferina, si no lo han hecho ya, para que tanto ellos como sus familias y estudiantes queden protegidos.

Favor de entregar la documentación que pruebe que se ha recibido la vacuna T-dap contra la tos ferina antes del 1 de agosto de 2011, o envíela por fax al 650-306-1724. No se permitirá a su estudiante que comience la escuela el 25 de agosto, 2011, sin ella.

Si tiene alguna pregunta, favor de llamar a la Oficina de Salud al 650-322--5311 ext. 51

Gracias por prestar atención a este asunto.

THE FOUNDATION RINGS IN 2011 WITH EXCITING NEWS....

Freshman Families Meet the Challenge!

A huge **thank you** to the 122 Class of 2014 families who donated to the 2010-11 Annual Campaign by December 31<sup>st</sup>. Your enthusiastic response greatly surpassed our 100-donor target, earning a **\$28,000** bonus offered by a small group of Foundation supporters with freshman students.

An Apple for the Foundation!



I. to r. Craig Falkenhagen, Foundation Co-President, Gregg Whitnah, Program Coordinator, Matthew Zito, Principal, Cindy Folker, Foundation Director, Marci Coggins, Foundation Co-President. Photo taken by student photographer Nathaniel Skinner.

The Foundation is proud to announce that M-A's innovative Teachers' Collaborative Professional Development Program has been awarded the prestigious  
**2010 Apple Award**  
by the California Consortium of Education Foundations (CCEF).

Implemented in 2007, M-A's program is a bottom-up vs. top-down approach to training, providing educators with small grants for both collaboration projects and individual, self-selected conferences, workshops, or classes. The CCEF award recognizes this special program as a successful model for promoting teaching excellence, scalable to educational institutions of any size and resources.

THE M-A FASHION SHOW FEATURING  
THE 2011 SENIOR CLASS  
A CELEBRATION OF POPULAR HIGH SCHOOL CULTURE

**ANOTHER**   
**HIGH SCHOOL**  
**FASHION SHOW**

COMING MARCH 5TH, 2011  
[WWW.MABEARSPTA.ORG](http://WWW.MABEARSPTA.ORG)  
M-A PERFORMING ARTS CENTER, 555 MIDDLEFIELD ROAD, ATHERTON

# ANOTHER HIGH SCHOOL FASHION SHOW

## Menlo-Atherton PTA Fashion Show

Saturday, March 5, 2011  
in M-A's Performing Arts Center

Luncheon 11:45 a.m.  
First Show 1:00 p.m.  
Second Show 4:00 p.m.  
Final Show 7:30 p.m.

Advanced Purchase Ticket Form  
Get Your Tickets NOW!!

Name \_\_\_\_\_ Phone (\_\_\_\_\_) \_\_\_\_\_

Address \_\_\_\_\_  
Street City Zip Code

11:45 Luncheon and 1:00 Show with Premier Reserved Seating \*

Individual Tickets \_\_\_\_\_ x \$ 75 = \$ \_\_\_\_\_  
Table for 8 \_\_\_\_\_ x \$600 = \$ \_\_\_\_\_

1:00 Show -- General Admission Adult \_\_\_\_\_ x \$ 30 = \$ \_\_\_\_\_  
General Admission Student / Youth \_\_\_\_\_ x \$ 15 = \$ \_\_\_\_\_

4:00 Show -- General Admission Adult \_\_\_\_\_ x \$ 30 = \$ \_\_\_\_\_  
General Admission Student / Youth \_\_\_\_\_ x \$ 15 = \$ \_\_\_\_\_

7:30 Show -- Premier Reserved Seating \* \_\_\_\_\_ x \$ 50 = \$ \_\_\_\_\_  
General Admission Adult \_\_\_\_\_ x \$ 30 = \$ \_\_\_\_\_  
General Admission Student / Youth \_\_\_\_\_ x \$ 20 = \$ \_\_\_\_\_

Donation – I want to sponsor faculty / staff ticket(s) **THANK YOU!!** \$ \_\_\_\_\_

Video of the Show (DVD) \_\_\_\_\_ x \$ 25 = \$ \_\_\_\_\_

Donation Drawing Tickets – Singles \_\_\_\_\_ x \$ 5 = \$ \_\_\_\_\_  
Packets of 5 \_\_\_\_\_ x \$ 20 = \$ \_\_\_\_\_

Fantastic **Donation Drawing** prizes:  
♦ LaBelle "Glamorous You" Spa Package: \$650 Value ♦  
♦ Neiman Marcus Gift Card : \$500 Value ♦  
♦ Apple iPad Wi-Fi + 3G (32 GB) : \$730 Value ♦  
(Need not be present to win)

**Total Enclosed** \$ \_\_\_\_\_

Make your check payable to **M-A PTA**  
**Send your check with this order form, and a self-addressed stamped envelope to:**  
**Kim Sommer, 790 Lemon Street, Menlo Park, CA 94025**  
If no envelope is enclosed, tickets will be held at Will Call. Questions?? Email [fsticketsales@mabearspta.org](mailto:fsticketsales@mabearspta.org)

\* Ticket orders and limited Reserved Seating will be processed on a first-come basis. **We do sell out.**  
Advanced purchases must be received by **February 27<sup>th</sup>**. Any remaining tickets will be available at the door.

Additional order forms available at <http://www.mabearspta.org/FashionShow.html>

Tickets are non-refundable and non-exchangeable for other shows.

DVDs will be mailed to purchasers approximately three weeks after the show.

# ANOTHER HIGH SCHOOL FASHION SHOW

## Desfile de Moda de la PTA de Menlo-Atherton

Sábado 5 de marzo de 2011  
en el M-A's Performing Arts Center

Forma de Compra de Boletos por Adelantado  
Compre sus boletos AHORA!!

Comida 11:45 a.m.  
Primer Show 1:00 p.m.  
Segundo Show 4:00 p.m.

Nombre \_\_\_\_\_ Tel (\_\_\_\_\_) \_\_\_\_\_

Dirección \_\_\_\_\_  
Calle Ciudad Código Postal

11:45 Comida y 1:00 Show con Asientos Reservados Premier \*

Boletos Individuales \_\_\_\_\_ x \$ 75 = \$ \_\_\_\_\_  
Mesa de 8 \_\_\_\_\_ x \$600 = \$ \_\_\_\_\_

1:00 Show -- Entrada General Adulto \_\_\_\_\_ x \$ 30 = \$ \_\_\_\_\_  
Entrada General Estudiante / Joven \_\_\_\_\_ x \$ 15 = \$ \_\_\_\_\_

4:00 Show -- Entrada General Adulto \_\_\_\_\_ x \$ 30 = \$ \_\_\_\_\_  
Entrada General Estudiante / Joven \_\_\_\_\_ x \$ 15 = \$ \_\_\_\_\_

7:30 Show -- Premier Reserved Seating \* \_\_\_\_\_ x \$ 50 = \$ \_\_\_\_\_  
Entrada General Adulto \_\_\_\_\_ x \$ 30 = \$ \_\_\_\_\_  
Entrada General Estudiante / Joven \_\_\_\_\_ x \$ 20 = \$ \_\_\_\_\_

Donación – Quiero Patrocinar Boleto(s) para maestro/administrador **GRACIAS!!** \$ \_\_\_\_\_

Video del Show (DVD) \_\_\_\_\_ x \$ 25 = \$ \_\_\_\_\_

Donación Boletos Rifa – Sencillo \_\_\_\_\_ x \$ 5 = \$ \_\_\_\_\_  
Paquete de 5 \_\_\_\_\_ x \$ 20 = \$ \_\_\_\_\_

Fantásticos Premios de Rifa:  
♦ LaBelle "Glamorous You" Spa Package: Valor de \$650 ♦  
♦ Neiman Marcus Gift Card : Valor de \$500 ♦  
♦ Apple iPad Wi-Fi + 3G (32 GB) : Valor de \$730 ♦  
(No se requiere estar presente para ganar)

**Total  
Incluido** \$ \_\_\_\_\_

Escriba su cheque a favor de **M-A PTA**  
**Mande su cheque con esta forma y un sobre con su dirección y timbre dirigido a:**  
**Kim Sommer, 790 Lemon Street, Menlo Park, CA 94025**  
Si no hay sobre incluido, los boletos se deberán recoger Will Call. ¿Preguntas?? Email [fsticketsales@mabearspta.org](mailto:fsticketsales@mabearspta.org)

- Los pedidos de boletos y el limitado Reserved Seating serán procesados como se irán recibiendo.  
**Siempre se Acaban los Boletos.**  
Las compras por adelantado deben de haberse recibido a más tardar el **February 27<sup>th</sup>**. Todos los boletos sobrantes estarán disponibles en la puerta de entrada.

Formas adicionales están disponibles en <http://www.mabearspta.org/FashionShow.html>

Los boletos no son reembolsables y no se pueden cambiar para otro horario de show.  
DVDs serán enviados a quienes los compren aproximadamente 3 semanas después del show.

## From the Guidance Office

*By Silvia Torres-Garza, Head Guidance Counselor, Francine Andrade, Laura Duran,  
Karina Escobar-Weaver, Jason Kubo and Lara Sandora, Guidance Counselors*

### Second Semester

Wednesday, January 5th was the first day of the second semester. The last day of class for our students is June 2 and graduation will take place that afternoon.

#### Important Information for Spring 2011

- The last day to add a class during the second semester was **January 14**.
- The last day to drop a class without a record appearing on your transcript is **February 17**.
- The last day to drop a class with a record of withdrawal passing (WP) or withdrawal failing (WF) appearing on your transcript is **April 7**; the latter will impact your grade point average.

### First Semester Grades

First semester grades were mailed the week of January 10, 2011 and the next progress report period will be mailed the week of February 7th. Reminder: Grading periods are every 4 and 1/2 weeks. Reviewing first semester grades with your student is a great opportunity to discuss improvements for second semester. Be sure to check <http://portal.seq.org> for information about grades and assignments.

### Guidance Registration Meetings

Guidance Counselors will be meeting with students in grades nine through eleven beginning in January 2011 in order to register for classes for the 2011-12 academic year. These registration meetings will continue throughout the months of February and March 2011.

### CAHSEE

All students are required to pass the California High School Exit Examination (CAHSEE) to receive a high school diploma. State law mandates this graduation requirement. Students' first opportunity to take the CAHSEE is in the spring of the tenth grade. The current tenth graders will take the CAHSEE on March 8 and 9, 2011.

### Seniors

Reminder: Mid-year Reports are submitted to colleges as soon as first semester grades are available. Each student must check with his/her Guidance Counselor before completing mid-year school report forms. There is a \$2.00 cash fee for each transcript that must accompany the midyear report.

### Cañada Middle College High School Program

Cañada Middle College is an alternative for eleventh and twelfth grade students with high potential who have the skills and sense of responsibility to succeed on a college campus. Students attend Cañada College, where they take college classes in the morning and high school classes taught by high school teachers in the afternoon. These are semester classes, not open-entry. Students must apply and take their Cañada College placement tests once their applications have been processed. Students who are interested in this program should attend an informational meeting along with their parents. The informational meetings will take place on Tuesday, January 18 or Tuesday, March 15 or Thursday, March 24, 2011 from 7:00 until 8:00 p.m. in the Sequoia Union High School District Board Room, located at 480 James Avenue in Redwood City. Priority applications are due by February 17, 2011 and the remaining applications are due by April 13, 2011.

### Naviance

Ask your student about Naviance. All students enrolled at Menlo-Atherton High School have access to this college and career search program. During the month of November 2010, 90% of our freshmen started exploring careers and colleges through Naviance. The website is: [www.connection.naviance.com/mahs](http://www.connection.naviance.com/mahs).

### Policy for Requesting Homework for Ill Students

When a student is out ill for three days or more, please phone the Guidance Office (650-322-5311 ext. 5121 or ext. 5122) to request homework. We will then contact the student's teachers. A homework folder will be set up in the Guidance Office and it can be picked up the homework at the end of the day. Our office hours are 7:30 a.m. – 3:45 p.m. For students out less than three days, please check [www.portal.seq.org](http://www.portal.seq.org), e-mail teachers directly, or have students check with their friends. Go the Menlo-Atherton High School website [www.mabears.org](http://www.mabears.org) to find your student's teachers' e-mail address.

The Guidance Office would like to send a **BIG THANK YOU** to all our parent volunteers who arrived early in the morning to hand out class schedules to your students. Also, thank you to Gloria Principe and Lee Ann Yasukawa for arranging to have all the volunteers.

## De La Oficina de Consejería

*Silvia Torres-Garza, Encargada del Departamento de Consejería, Francine Andrade,  
Laura Duran, Karina Escobar-Weaver, Jason Kubo y Lara Sandora, Consejeras.*

### Segundo Semestre

El miércoles **5 de enero** fue el primer día del segundo semestre. El último día de clases para nuestros estudiantes será el **2 de junio** y la graduación tomara lugar esa tarde.

#### Información Importante para el Segundo Semestre.

- El último día para agregar clases durante el segundo semestre será el **14 de enero**.
- El último día para quitar clases y que éstas no aparezcan en su expediente académico será el **17 de febrero**.
- El último día para quitar una clase con el record de WP (pasando) ó WF (reprobando) apareciendo en el expediente académico será el **7 de abril**; la calificación WF (reprobando) afectará su promedio general.

#### Calificaciones del Primer Semestre

Calificaciones del primer semestre fueron enviadas por correo la semana **del 10 de enero del 2011** y el próximo reporte del progreso académico para segundo semestre será enviado la semana **del 7 de febrero**. Recordatorio: Los períodos de calificaciones son cada 4 semanas y media. Revise con su estudiante las calificaciones del primer semestre, es una gran oportunidad para discutir las mejorías necesarias para el segundo semestre. Asegúrese de revisar [www.portal.seq.org](http://www.portal.seq.org) para información acerca de calificaciones.

#### Juntas de Consejería para Inscripciones

Los consejeros se reunirán con sus estudiantes del noveno al onceavo grado comenzando **en enero del 2011** para registrarlos para las clases del año académico 2011-12. Estas juntas de inscripción van a continuar a través de los meses de febrero y marzo del 2011.

#### CAHSEE

Todos los estudiantes tienen que pasar el Exámen de Salida (CAHSEE: California High School Exit Examination) para poder recibir el diploma de preparatoria. La ley del estado exige este requisito de graduación. La primera oportunidad que tienen los estudiantes para tomar este examen (CAHSEE) es durante la primavera del décimo grado. Los estudiantes en décimo grado tomarán los exámenes CAHSEE **el 8 y 9 de marzo del 2011**.

#### Estudiantes del Doceavo Grado

Recordatorio: El reporte de medio año será enviado a las universidades y colegios en cuanto las calificaciones de el primer semestre estén disponibles. Cada estudiante debe revisar con su consejero los formularios del reporte de medio año antes de completar los reportes de medio año. Hay un cobro de \$2.00 por cada expediente académico que debe acompañar el reporte de medio año.

#### Programa de Cañada Middle College High School

Cañada Middle College es una alternativa para los estudiantes del onceavo y doceavo grado con potencial alto quienes tienen las destrezas y sentido de responsabilidad necesarios para tener éxito en un colegio comunitario. Los estudiantes asisten a Cañada College, adonde toman clases de universidad durante la mañana y clases de preparatoria que enseñan maestros de preparatoria durante la tarde. Estas clases son en el ciclo del semestre de Cañada College. Los estudiantes tienen que aplicar a Cañada College y tomar los exámenes de ubicación. Los estudiantes que estén interesados en este programa deben asistir a una junta de información con sus padres. Las juntas de información se llevarán a cabo el martes, 18 de enero o el martes, 15 de marzo o el jueves, 24 de marzo del 2011 de las 7:00 hasta las 8:00 de la noche en el salón de la mesa directiva del Distrito de Sequoia Union High School, cuya dirección es el 480 James Avenue en Redwood City. Las solicitudes para el programa deben entregarse a más tardar el 17 de febrero del 2011 si quieren recibir prioridad y el último día para entregar las solicitudes para este programa es el 13 de abril del 2011. Los estudiantes deben tomar los exámenes de ubicación en cuanto sus solicitudes para Cañada College sean procesadas.

## Naviance

Pregunte a su estudiante acerca de Naviance. Todos los estudiantes inscritos en la secundaria Menlo Atherton tienen acceso a este programa de búsqueda para colegios y carreras. Durante el mes de noviembre, 90% de nuestros estudiantes del noveno grado empezaron a explorar carreras y universidades a través de Naviance. La página en Internet es [www.connection.naviance.com/mahs](http://www.connection.naviance.com/mahs).

## Reglamento del Proceso para Solicitar Tarea para Estudiantes Enfermos

Cuando un estudiante está ausente por enfermedad durante 3 días o más, por favor llame a la Oficina de Consejería (650-322-5311 ext. 5121 ó ext. 5122) para solicitar tarea. Nosotros nos comunicaremos con los maestros del estudiante. Un folder para tarea será colocado en la Oficina de Consejería, donde usted podrá recoger la tarea al final del día. Nuestras horas de oficina son: 7:30 a.m. – 3:45 p.m. Para estudiantes ausentes menos de 3 días, por favor revise [www.portal.seq.org](http://www.portal.seq.org), envíe correos electrónicos a los maestros directamente, o pida a su estudiante que investigue con sus amigos. Puede entrar al sitio de Menlo-Atherton High School en Internet: [www.mabears.org](http://www.mabears.org) para encontrar las direcciones electrónicas de los maestros de su estudiante.

**La oficina de consejería quiere brindar un gran agradecimiento a todos nuestros padres y madres voluntarios que se presentaron a las 7:20 de la mañana para distribuir los horarios de clase a sus estudiantes. También les damos las gracias a Gloria Principe y Lee Ann Yasukawa por coordinar la presencia de todos los voluntarios.**

## From the College/Career Center

As you might imagine, most of my interactions with students revolve around college, careers, financial aid, scholarships — topics related to their future. I hope, as well, to teach students simple but fundamental lessons that will be important throughout their lives. I consider my work at M-A an extension of my parenting; life lessons I taught my own children come up in the Career Center all the time.

One relates to the integrity of their signature, whether online or on paper. Students often ask me, “But how do the colleges know I really participated in those activities?” or “How do they know if what I put on my FAFSA is true?” I point out that they are putting their signature at the end of such official documents, and I explain what a signature means. For some, it is the first time in their lives they must think about what it means to sign their name to a document. Later in life, when they buy homes or cars, take out loans, or even get married, these lessons learned in high school will come back to them as they recall the importance of their signature.

Another life lesson that comes up in the Career Center relates to the opportunities students have at M-A, and appropriate ways to demonstrate their appreciation for those opportunities. In my sphere, this often relates to students showing gratitude to those who write their college letters of recommendation. Teachers and counselors dedicate so much time to writing incredibly helpful letters. Sometimes students fail even to tell their recommenders where they have been admitted! I try to help them understand the meaning of the support they’ve received. Teaching them to write handwritten thank-you notes fits right in with this lesson. Showing appreciation is another life skill that will be valuable deep into their future.

Yet another life skill relates to responding to invitations. Students know that I am a bear about RSVPs for events. They often fail to consider the ramifications of late responses. For Community College Night on February 17, for example, I will ask students to sign up well in advance. Lest they think I want a list of attendees for my own amusement, I remind them that I will need to request a room set-up with a specific number of chairs, make the right number of copies, and—most importantly—order the right amount of pizza!

Students need to learn that failure to respond or last-minute responses inconvenience an entire string of people from me to the custodians to the copy-room staff. And later in life, when they are invited to weddings and gatherings (or when they hold those events themselves), they’ll appreciate having learned the value of a prompt RSVP while in high school.

Finally, a simple life skill: You would not believe how many students I have taught how to address an envelope. A fair amount of communication with colleges and scholarship groups takes place through the mail; many students have no clue where to place the stamp, the address, and the return address!

So while I’m teaching students how to fill out college and scholarship applications, I sneak in a few other lessons. Don’t use double negatives, do leave a message when you call someone who doesn’t answer, don’t crack your knuckles, do write in “real” English (not text-talk) when you correspond with adults, don’t give up if you try to talk to an adult who is busy, do come back another time to ask your questions!

Life lessons, all!

*Alice Kleeman*

## UPCOMING EVENTS:

### **Sophomore Parent College Information Night**

Parents only, no students!

7:00 p.m., February 1

PAC Cafeteria

RSVP to AAKleeman@gmail.com

### **Junior Parent College Information Night**

Parents only, no students!

7:00 p.m., February 8

PAC Cafeteria

RSVP to AAKleeman@gmail.com

### **Community College Night**

Panel discussion, tabling, and free pizza! This event is for students and parents.

6:00 p.m., February 17

PAC Cafeteria.

RSVP to AAKleeman@gmail.com

## Mathematics Choices

*by Gregg Whitnab, Math Department Chair*

With students beginning to register for 2011-2012 classes in late February/early March, now is a good time to think about options available from the math department.

Before discussing options, one cannot stress enough the value of Algebra. Algebra is considered the gateway course to college, and without it, college success is unlikely. Algebra is also required to graduate and is part of the math content of the California High School Exit Exam. As one of our Calculus teachers, I can tell you that Algebra skills can significantly affect a student's Calculus performance throughout the year. Calculus teachers have a saying that "many times when solving a Calculus problem, the first step is Calculus and the rest is all Algebra." All college-prep students should take as much math in the traditional math sequence as possible beginning with Algebra and then progress through Geometry, Algebra II, Pre-Calculus and Calculus. Some students, after finishing Algebra decide to take Integrated Math instead of Geometry. Integrated Math acts as a bridge to Geometry for those students who were not strong Algebra students. The content of Integrated Math is a combination of Algebra and Geometry. Taking as much college-prep math as possible helps students better prepare for college as well as improving their college eligibility. At a minimum, all students planning on attending a 4-year college should complete at least through Algebra II.

The California High School Exit Exam (CAHSEE) has become M-A's most important standardized exam due to the emphasis placed on it by the No Child Left Behind program. We support the math content of the CAHSEE exam and believe it is a reasonable exam to pass. The students in the class of 2011 have already had several opportunities to pass it and will continue to have more opportunities. The math department offers a CAHSEE math preparation class for interested students. This year's sophomores (class of 2013) will be taking the CAHSEE exams for the first time on March 8 and 9. An 8-week program of daily review sessions have been integrated in the appropriate sophomore math classes.

Our district requires a minimum of two years of math to graduate. The UC system and California State Colleges require at least three years of math, including Algebra II. M-A has two options for this third year of math, AS Algebra II or Algebra II. The prerequisites for AS Algebra II are a minimum of a "B" in Geometry while Algebra II requires only a "C" in Geometry. Other guidelines are AS Algebra II is intended primarily for sophomores and juniors whose individual goal is completion of Calculus. Algebra II is intended for seniors (and some juniors) who have struggled in math but who still want to have a rigorous preparation for future required math courses in college. Please discuss this option with your son or daughter if they plan on enrolling in AS or regular Algebra II next year. The math department strongly recommends that seniors enroll in Algebra II, not AS Algebra II. Juniors leaving Algebra II can take Statistics or Algebra II/Trigonometry.

Algebra II/Trigonometry is a class that we are offering for the student who passed Algebra II but who still would like to brush up on their Algebra II skills, expand their knowledge of Algebra II and learn trigonometry in preparation for Pre-Calculus or other math courses that will meet a college math graduation requirement.

Another option for juniors or seniors is AP Statistics or Statistics. AP Statistics has a prerequisite of Pre-Calculus or concurrent enrollment while Statistics requires Algebra II or concurrent enrollment. The difference between the two courses is a matter of pacing and content. AP Statistics, while being a fun, hands-on course, moves at an intense pace (as do all AP courses) while Statistics allows students in the middle the time to practice and master the material. AP Statistics literally travels twice as fast as Statistics. Many students take two math courses concurrently to both complete up through Calculus and to also take AP Statistics while at M-A. Your sons or daughters are encouraged by the math department to take two math classes concurrently. The majority of the students in AP Statistics are also enrolled in AP Calculus or Pre-Calculus. Currently at M-A 150 students are taking AP Statistics or Statistics.

Another option is BC Calculus or AB Calculus. Too complicated to explain here, but a meeting is held for parents of prospective students each January. Do note for future planning that BC calculus students participate in a 4-week summer program immediately following the Pre-Calculus course.

Juniors and seniors who are not performing well in the college-prep math sequence, can sign-up for Business Math, which will focus on consumer and personal financial skills with an emphasis on using spreadsheets. Business Math will count toward the 2-year math requirement needed to graduate from our district.

If you have further questions about the math department offerings, feel free to call Gregg Whitnah at 322-5311 x8719 or send email to [gwhitnah@seq.org](mailto:gwhitnah@seq.org).

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## Are you a Junior looking to start college early?



**If So, We May Have a Special Opportunity  
for You!**

**Enroll in College and High School at the Same Time?  
What a Great Idea!**

**Middle College** is accepting applications for fall semester!

**Are you a student who**

- Would like the challenge of college classes?
- Wants to earn a high school diploma & get a head start on college?
- Can handle the freedom of a college setting?

If you are a motivated, enthusiastic, independent student who is ready to make the jump to college, enroll in Cañada's Middle College program for a new challenge!

**Interested? Have Questions?**

**Information & application at [www.canadacollege.edu/middlecollege](http://www.canadacollege.edu/middlecollege)**

**Join us for our information meeting at the SUHSD on  
Tuesday, March 15<sup>th</sup> or Thursday, March 24<sup>th</sup>  
7 - 8:00 p.m.**

**[www.canadacollege.edu/middlecollege](http://www.canadacollege.edu/middlecollege)  
(650) 306-3120**



## Hidden Promise

By Roni Gillenson, LMFT, On-Campus Counseling Program Director

Did you know that grain seeds hidden away for thousands of years in the Pyramids of Egypt sprouted after being planted? Not only that, weed seeds recovered from a sunken Spanish galleon sprouted after three hundred fifty years in salt water! When the right conditions come along – they wake up and bloom. <sup>1</sup>

Our hidden promise is in our children – our “late bloomers,” our children who take another path. We have heard of Albert Einstein, who as a child had a great deal of trouble in school because of his ADD, undiagnosed at the time. And look what happened to him. Lately, we have heard of Greg Mortenson, the author of *Three Cups of Tea* and his feelings of restlessness with his traditional path. <sup>2</sup> His story is an incredible one not only of finding his path, but of overcoming hardship and in the end exceeding beyond all expectations.

How do we help our children find their path and pursue their passion? Initially, they do not know how to identify their passion. It is our job as parents to help them in that process. They may not find the answer until after they leave home, but we have the unique opportunity of helping them when we have them with us, if only for a short time.

We need to be open to the possibility that our children may want to take a path different from our own. That requires letting go of our ego and our attachment to specific preferences for them. Next, we need to understand the unique traits and abilities of our child. We can reflect back to them our perception of what they are good at, what they get excited about. They can be empowered to investigate and test out their own hypotheses. We can reinforce what we see as progress towards knowing themselves and pursuing their goals. We can do a lot.

As you can see, the how to part of being a parent includes openness, letting go, understanding, reflecting back, empowering and reinforcing. We offer our children a gift when we help them find their path. It may be very different from our own. What they achieve comes partly from our efforts, but we want them to be able to celebrate it as their very own.

1. Sue Monk Kidd, *Firstlight*

2. Greg Mortenson, *Three Cups of Tea*

*Adolescent Counseling Services is a community non-profit, which provides vital counseling services on eight secondary campuses at no charge to students and their families. To learn more about our services please visit the ACS website at [www.acs-teens.org](http://www.acs-teens.org) or call Christina Walker, Site Director at MA (650) 322-5311 ext. 5186. ACS relies on the generosity of community members to continue offering individual, family, and group counseling to over 1,500 individuals annually. ACS provides critical interventions and mental health services, building a better future for tomorrow. If you are interested in helping to support our efforts, do not hesitate to call to make a donation. It goes a long way in helping teenagers find their way!*

*Thank you to the following foundations that supported ACS' On-Campus Counseling Program during the 2009-2010 school year: The Altos Foundation, Atkinson Foundation, In-N-Out Burger Foundation, Laurel Foundation, Palo Alto Community Fund, Palo Alto Medical Foundation, Palo Alto Weekly Holiday Fund, Rotary Club of Palo Alto, Sand Hill Foundation, The Nick Traina Foundation, and the WD Foundation.*

### California Scholarship Federation

*Sign up February 7<sup>th</sup> - 11<sup>th</sup> during lunch*

California Scholarship Federation (CSF) will be accepting applications for membership. Applications are available starting the week prior from either your English teacher, in this issue, or now on the website ([www.maptabears.org](http://www.maptabears.org), go to PTA, to forms and flyers). Look for the sign-up table during lunch, outside the library.

Bring your completed application, \$3 membership fee and a report card or transcript with your Fall 2010 grades. We can order a transcript for an additional \$2 for processing fee at the sign-up table. Each qualifying student will be recognized at Pride Hall and CSF Life and 100% members will be recognized during Award Night and the Graduation program.

Download your transcript to avoid additional fees from Infinite Campus, [www.portal.seq.org](http://www.portal.seq.org)  
**DO NOT GO TO THE GUIDANCE OFFICE FOR YOUR TRANSCRIPT!!**

For more information about CSF and its history: <http://www.csf-cjsf.org>

Queries: Alice Hom [dnahom@aol.com](mailto:dnahom@aol.com)



**School Year 2010-2011**  
**Course List for California Scholarship Federation**  
**Menlo-Atherton High School cc425**

**List I**

**English/Language Arts**

AP English Literature  
 AP English Lang./Comp.  
 AS English I, II, III  
 English I, II, III, IV SDAIE  
 English IV Humanities  
 English IV Lit/ Writing

**Foreign Language**

AP French Language  
 AP Latin  
 AP Spanish Language  
 AP Spanish NS  
 French I, II, III, IV  
 French Literature  
 Latin I, II, III, IV  
 Spanish I, II, III, IV  
 Spanish II, III, NS

**Mathematics**

Algebra II/Trig  
 AP Calculus, AB and BC  
 AP Statistics  
 AS Algebra II  
 Algebra I, LEP, SDAIE  
 Algebra II  
 Geometry  
 Geometry LEP, SDAIE  
 Pre-Calculus  
 Statistics

**Social Studies**

AP European History  
 AP U. S. History  
 American Government  
 American Govt. SDAIE  
 Economics  
 Economics SDAIE  
 U. S. History  
 U. S. History LEP, SDAIE  
 Western Civilization  
 World Studies I, II, III, LEP,  
 SDAIE

**List I**

**Science**

AS Biology  
 AS Chemistry  
 AP Physics  
 AS Physics  
 Biology  
 Biology LEP, SDAIE  
 Chemistry  
 Human Biology  
 Physics

**List II**

AP Art History  
 AP Computer Science  
 Astronomy & Space Science  
 Cold War  
 Computer Science  
 Current World Issues  
 Creative Writing (English IV)  
 Earth Science  
 Environmental Chemistry  
 Environmental Science  
 LEP, SDAIE  
 Gender Studies  
 Journalism I, II, III  
 Psychology  
 Russian History  
 Russian Literature

**List III**

Algebra Support  
 Animated Art  
 Architectural Design  
 Art I, II  
 Art Studio I, II, AP  
 AVID I, II, III, IV  
 Band I, II, Advanced Band  
 Beg. Industrial Arts-Woods  
 Beginning Jazz Ensemble  
 Business Math  
 CAHSEE Prep  
 Career Education

**List III**

Ceramics I, II  
 Choral  
 Computer Animation  
 Computer Applications  
 Digital Photography  
 Drafting I, II  
 Drama I, II, III  
 Drawing/Painting I, II  
 Driver Education, LEP  
 Engineering Technology  
 English Support  
 ELA I, II, III  
 Foods and Nutrition  
 Guitar  
 Integrated Math  
 Jazz Ensemble  
 Links/Connections  
 Living Skills  
 Piano I, II  
 Student Leadership  
 Video Production  
 Web Design  
 Woods I, II  
 Yearbook I, II

**No CSF Points**

Library Clerk  
 Physical Education  
 Spirit Squad  
 Student Clerk  
 Study Hall  
 Teaching Assistant  
 Phoenix  
 Repeated courses  
 Cr/no Cr courses

**Menlo-Atherton High School**  
**cc 425**  
**555 Middlefield Road**  
**Atherton, CA 94027**  
**(650) 322-5311**

**CSF Advisor: Lisa Otsuka**

## Getting Smart about Sleep

As in the past four years, our freshmen will be hearing a classroom presentation on sleep issues with a focus on teen problems. Stanford students from Dr. William Dement's "Sleep and Dreams" class will team up with M-A juniors (our "ambassadors") to teach the sessions. The presentations are on Monday, February 14.

Here's an opportunity to initiate a discussion with your teen about sleep and whether they feel rested. It's also a good time to talk about how they can achieve a better night's sleep. (Putting away cell phones, lap tops, I-Pads, etc. near bedtime is a great start!) Also, ask them about sleep debt (why they 'sleep in' so much on weekends) and circadian rhythm (why they don't get sleepy earlier at night).

There are plans to schedule a presentation to parents and faculty later in the spring for a more in-depth discussion. Look for info on it in BearNotes and TriVocis.

Contact Maggie Betsock (bongos@jps.net) if you have any questions or, even better, you can volunteer a few hours to help make all this happen.

## Student Leadership

### Freshman Services Leadership

Freshman Services Leadership has spent the last few weeks developing a brand new "bullying lesson" for Freshman Transition as a follow-up to the Teen Truth Live presentation. It focuses on identifying the different types of bullying on campus and understanding its lasting impact. Student leaders will be in the World Studies classrooms teaching the lesson in the upcoming weeks. This will be the last lesson of this year.

In addition, the class will be visiting local middle schools with an informative presentation about what to expect in high school and at M-A. The presentation includes a PowerPoint, a student panel to answer questions, and small group activities. Middle schools that participate in these assemblies include Hillview and Cesar Chavez. These visits will begin in March.

### Freshmen Meet-Ups 2011: New and Improved!

All freshmen are welcome to attend a monthly freshmen meet-up where the class of 2014 has the opportunity to enjoy free lunch/snacks, music, various activities, raffle prizes, and a comfortable environment to hang out with friends, new and old! Tell your freshmen student to keep their eyes and ears open for more information regarding the February meet-up!! For more information or questions, contact Shannon Smoot, MA's Youth Development Coordinator at [ssmoot@seq.org](mailto:ssmoot@seq.org), 650-322-5311 ext. 5258, or directly in B-20 the Student & Parent Support Center.

**Next Meet-Up: Wednesday, January 26 at lunch "Support Programs Meet-Up" in F15**

## Announcements



### SENIORS AND SENIOR PARENTS!

Save the date for

**M-A's Best Grad Night Ever!**

**Thursday, June 2, 2011**

**Check-In: 7:45 p.m. Sharp\***

**Venue: Top Secret!**

\* There will be little time between the end of the graduation ceremony and check-in time at M-A.

Please plan your family celebration accordingly!

*More details to follow.*

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## M-A'S OWN SAT PREP

M-A'S OWN SAT PREP is accepting further enrollments for the second spring session which addresses preparation for the May or June SAT. It will begin mid- to late March and end the week the May SAT is given. As always, we will present a five-week course on Mondays and Tuesdays from 3:30-5 p.m. We will meet in Room B10 through the courtesy of Mr. Florio.

This session concludes our thirtieth year successfully offering the PSAT/SAT preparation to the students of Menlo-Atherton as well as to students of other schools whose home is within M-A's jurisdiction. The majority of our students are juniors, and we accept seniors who still need to prepare for and take an SAT. Sophomores have no absolute need to take a PSAT or SAT until the junior year, but we will waitlist sophomores who may have a fall PSAT problem because of sports and accept them in the order of their enrollment when vacancies exist. Whenever possible, sophomores should take the PSAT prep in the fall of the junior year.

Our fee range is, as always, from \$100.00 to \$225.00, and the actual fee depends on the number of enrollments. Even at \$225.00, which we have only charged once in 30 years, the price is a bargain as it represents not only an hourly tutoring fee of \$15.00 but also carries with it more individual attention. We do pay particular attention to the dreaded reading comprehension and essay, and we teach test-taking techniques. Get rid of your worries: Join us. The test is not so difficult as worrying about it makes it seem.

For answers to your questions and/or to enroll your student, call 323-4066 or email [jcking@juno.com](mailto:jcking@juno.com) (preferred) to reach Jane King, director of the program since its inception. If you leave a telephone message, please repeat your name and telephone number twice.

*Jane King, Director, M-A's Own PSAT/SAT Prep*

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**QUIZ BOWL CLUB COMPETITION.** Do you like watching Jeopardy on TV? We invite you to join the studio audience and cheer on the M-A varsity Quiz Bowl team as they face Mountain View in the second round of the televised game show Bay Area Quiz Kids on Sunday, February 27, at 10:30 a.m. in San Carlos. Details are available online [www.suekayton.com/QK.htm](http://www.suekayton.com/QK.htm). The M-A Quiz Bowl club is actively recruiting new members. **Come check us out in room B-10 at lunchtime Wednesdays or Thursdays.**

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## Upcoming Events from Menlo-Atherton's Visual & Performing Arts Department February 2011 Visual Arts Displays

### Administration Entrance

Ceramic I: Coil Pots (based on Native American pottery)

### Administration Hallway

Gallery AP and Studio Art Class: MA Teacher/Staff  
Portraits

### Guidance Office

Drawing/Painting I & II (rotating and on-going)

### Library

Ceramic I: Coil Pots (based on Native American pottery)

### PAC

Digital Photo II (rotating and ongoing)

**In addition to the works from the Visual Arts, the Performing Arts has the Spring Musical, "The 25th Annual Putnam County Spelling Bee" in production and will open on March 17th in the PAC.**

*"An artist cannot fail; it is a success to be one."*

*-- Charles Horton Cooley*



WANTED: Old computers, printers, monitors, and parts (working or not) for PTA Outreach program. We will securely erase all information from the computer, refurbish and reload it, and send it home with a deserving, hard-working M-A student. Our goal is for every student at M-A to have access to a working computer at home. To donate, or to request a donated computer, contact Sue Kayton (650) 853-1711 [kayton@alum.mit.edu](mailto:kayton@alum.mit.edu). We welcome donations from individuals and corporations, and provide receipts for tax donations.

THANK YOU to former M-A parent Sandy Crittenden for repairing the science department laptop cart over Christmas vacation.

# Trivocis Calendar – February 2011

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>January 31</p> <p>First day of Spring Sports practices</p> <p>Deadline to purchase yearbook senior recognition ad</p>	<p>February 1</p> <p>CAHSEE testing; seniors</p> <p>Sophomore Parent College Information Night (parents only); 7:00 pm; M-A PAC cafeteria; rsvp aakleeman@gmail.com</p> <p>M-A Fashion Show tickets go on sale</p>	<p>2</p> <p>CAHSEE testing; seniors</p> <p>SUHSD Board meeting</p>	<p>3</p> <p>SDMSC meeting; 3:30-4:45 pm; Career Center</p>	<p>4</p>	<p>5</p> <p>8th Annual M-A Dance Team Show and Fundraiser; 6:00 pm; M-A PAC</p>
<p>7</p> <p>California Scholarship Federation membership sign-ups for Fall 2010 grades; lunch</p>	<p>8</p> <p>PTA General meeting; 8:30 am; M-A PAC Cafeteria</p> <p>AMC Math Contest; 5th &amp; 6th periods</p> <p>Junior Parent College Information Night (parents only); 7:00 pm; M-A PAC cafeteria; rsvp aakleeman@gmail.com</p>	<p>9</p>	<p>10</p>	<p>11</p> <p>Winter Rally; rally class schedule; Ayers Gym</p> <p>March Trivocis article deadline</p> <p>March 12 SAT Test registration deadline</p>	<p>12</p> <p>ACT Test; 8:00 am</p>
<p>14</p> <p>Staff Appreciation "Valentine Pie for Breakfast"; 8:00-9:45 am; Staff Lounge</p> <p>Stanford Sleep presentations in freshman classes</p> <p>Spring Sports registration deadline</p>	<p>15</p> <p>CAML Math Contest; lunch</p>	<p>16</p> <p>Freshman Class parent coffee "Looking Ahead to Sopomore Year"; 9:45-11:00 am; PAC Cafeteria</p> <p>SUHSD Board meeting</p> <p><i>A Night for Abigail: A Conversation about Foster Youth, Parent Education, 7:00-9 p.m. PAC</i></p>	<p>17</p> <p>Last day to drop a class without penalty</p> <p>Community College Night (students &amp; parents); 6:00 pm PAC Cafeteria; rsvp aakleeman@gmail.com</p>	<p><b>18 - No School; Lincoln's Holiday</b></p>	<p>19</p>
<p><b>21 - No School; President's Holiday</b></p>	<p><b>22 - No School for students; Staff Development</b></p>	<p><b>23 – No Block Schedule - regular schedule</b></p> <p>March Trivocis mailed</p>	<p><b>24 – No Block Schedule - regular schedule</b></p>	<p>25</p>	<p>26</p>
<p>28</p> <p>Foundation for the Future meeting; 7:00 pm; Library</p>	<p>March 1</p>	<p>2</p>	<p>3</p>	<p>4</p>	<p>5</p> <p>M-A PTA Fashion Show (1:00, 4:00 &amp; 7:30)</p>

## Future Events

March 8 and 9 – CAHSEE testing, 10th grade

March 9 - Winter Sports Awards Night

March 12 – SAT Test; 8:00 am

March 15 and 24 – Canada Middle College High School Program informational meetings; SUHSD Board Room

March 17 – Spring Musical production begins "The 25th Annual Putnam County Spelling Bee"; M-A PAC

March 18 – April Trivocis article deadline

March 18 – End of 3rd Quarter

March 31 – M-A Open House; 6:30 pm

The most current information about M-A events is available on the M-A Bears website: [www.mabears.org](http://www.mabears.org) and the M-A PTA website: [www.mabearspta.org](http://www.mabearspta.org)  
Submit calendar entries by email to: [trivociscalendar@mabearspta.org](mailto:trivociscalendar@mabearspta.org)

Menlo-Atherton High School PTA  
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## **CHANGE SERVICE REQUESTED**

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Next submission deadline – February 11, 2011  
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Send article submissions to [trivocis@mabearspta.org](mailto:trivocis@mabearspta.org)  
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This issue was mailed and a PDF version posted online at  
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One issue to each Menlo-Atherton High School family.  
For divorced parents, one to each household.

## **Looking Ahead to Sophomore Year at M-A**

### **Class of 2014 Parent Coffee**

**Sponsored by the Menlo-Atherton High School Foundation for the Future.**

Wednesday, February 16  
9:45 - 11:00 AM  
Performing Arts Center Cafeteria

Please join us for an interesting and informative discussion  
with Principal Matthew Zito and guidance counselors  
about curriculum choices available to your rising sophomore.  
Learn about the multiple pathways offered in math and science,  
as well as elective opportunities.

Refreshments will be served.