

# TRIVOCIS

THREE VOICES . . . STUDENTS, PARENTS, FACULTY

JUNE 2007

VOLUME 54, NUMBER 9

MENLO-ATHERTON HIGH SCHOOL

555 MIDDLEFIELD RD., ATHERTON, CA 94027

WWW.MABEARS.ORG 650/322-5311



## From the Principal

*Greetings M-A Learning Community:*

Dream Big! It's been a great year and it is a joy to see our seniors having turned their dreams into reality. It has also been exciting to see the great achievements made as a school.

It is a wonderful time of year as we get to hear of the individual academic excellence of our seniors at the academic awards night. I am continually impressed with the competitive edge our students have and the high rate of success in entering their college of choice. I am appreciative of the Rotary Club of Menlo Park for the significant amount of scholarships awarded at their annual Achievement Awards program which recognizes the excellence of students from M-A, Eastside Prep, Sacred Heart and Menlo School.

M-A is an active campus. The students are currently organizing (to name just a few) our Art and Music Festival, planning for senior activities, Integrate the 8 (starting the year and ½ long process of welcoming and transitioning our freshmen) and performing in the community. I want to congratulate the International Thespian Society involved in providing us with the entertaining production of Grease. We enjoyed a spirited cast under the direction of student **Jenni Brandon** and her assistant **Paolo Lopez** and student choreographer **Samantha Steele**. Our Advanced Jazz Ensemble took second place at the internationally renowned Reno Jazz Festival, competing against 20 other very fine bands in the A Division (school size 1500-1999). They were one of three bands with unanimous superior rating. Outstanding Musicianship Awards were given to soloists **Hale Baskin, Robbie Eaton, Brian Reich, and David Rust**.

Our spring sports teams are certainly realizing personal and team dreams coming true as they finalize league and enter CCS competition. Congratulations to all athletes and in particular to the following teams: Golf for winning PAL Bay Division title and to **Nick Sako**, PAL Individual Champion; Girls Track for 1<sup>st</sup> Place in PAL (4<sup>th</sup> year in a row) and **Kim O'Donnell's** breaking school records in the 100 and 300 hurdles and **Keianna Talton, Christina Dixon, Dominique Green and Caprice Powell** for breaking a 22-year old school record in the 4X100 relays; tennis for their first round CCS victory; girls and boys frosh/soph swimming as they both have undefeated seasons and girls varsity who are tied for first; badminton's first place in PAL (a great feat having just come up from the ocean to the bay this year!); and last but not least our girls varsity lacrosse team's perfect 14-0 PAL season and the JV's undefeated season! Big congratulations to M-A's coaches with special note of commendation to Track coach **Vic Hudson** who was named CCS co-coach of the year. His track and field varsity teams have won league titles every year since 1998. Also, congratulations to boys varsity basketball coach, **Craig Carson** who was named San Mateo County Times coach of the year for his teams huge win over Richmond in Northern California Division II playoffs as well as their fine overall season. The United States Tennis Association (USTA) has formally recognized our tennis team coaches **Tom Sorenson** and **Carlos Aguilar** for their implementation of a No-Cut Program. The "no-cut" rule means that every student who wants to play and compete is welcomed as a member of his or her team, regardless of skill level or previous experience. And finally, we are very proud of our renowned Coach **Ben Parks** for his 40th year of service at Menlo-Atherton High School who received the Tom Bradley Community Service & Distinguished Citizen Award, presented by the Palo Alto Chapter of the Kappa Alpha Psi Fraternity, Inc., on March 23. On June 21 Coach Parks will be inducted into the San Mateo County Sports Hall of Fame!

Congratulations to our classroom instructional aide, **Julie Gross**, who completed the 26.2-mile Boston Marathon on Patriot's Day in inclement weather in four hours and 38 minutes—not bad for a woman in her 50's. We are also proud of former parent extraordinaire, **Pat Targgart**, for being the recipient of the 17th District's PTA Honorary Service award for her years of service in our elementary schools, our school and now as an active Stanford parent volunteer.

As the 2006-2007 academic year draws to a close, I must express to the entire school community of teachers, support staff, students, parents and friends my deepest appreciation and commendations for a job well done.

*With pride and joy,*

Denise Plante, Principal

## Saludos comunidad amante del aprendizaje de M-A:

¡Sueñen en grande! Ha sido un magnífico año y es un placer ver que los estudiantes del último grado han convertido sus sueños en realidad. Ha sido también muy emocionante ver los grandes logros que la escuela ha hecho.

Este es un tiempo del año maravilloso en el cual podemos ver los éxitos académicos de nuestros estudiantes del último grado en la noche de premios académicos. Siempre me asombro de ver el grado de competencia que nuestros estudiantes muestran y el porcentaje tan alto que logra entrar a la universidad escogida. Estoy muy agradecida con el Club Rotario de Menlo Park, "Rotary Club of Menlo Park" por la cantidad tan grande de becas otorgadas en su programa anual de Premios por Logros Académicos, que reconoce la excelencia de los estudiantes de M-A, Eastside Prep, Sacred Heart y Menlo School.

M-A es un campo activo. Los estudiantes están organizando (sólo para mencionar unas cuantas cosas) nuestro Festival de Música y Arte, están planeando actividades para los estudiantes del último grado. Están buscando actividades para integrar y dar la bienvenida a los estudiantes que van a entrar el próximo año (comenzando a principios del año escolar), y están haciendo actividades en la comunidad. Quiero felicitar a la Sociedad Histórica Internacional (International Thespian Society) por ofrecernos la entretenida producción de "Vaselina" (Grease). Pudimos disfrutar de la actuación de un energético reparto bajo la dirección del estudiante Jenni Brandon y su asistente Paolo Lopez, así como de la estudiante coreógrafa Samantha Steele. Nuestro grupo de Jazz Avanzado se ganó el segundo lugar en el renombrado Festival De Jazz de Reno, compitieron contra 20 grupos excelentes de la División A (con un número estudiantil de 1500-1999). Fue uno de los tres grupos que obtuvieron una calificación superior por unanimidad. Se otorgaron los Premios a Músicos Sobresalientes a los solistas Hale Baskin, Robbie Eaton, Brian Reich, y David Rus.

Nuestros equipos deportivos de primavera ciertamente han estado logrando sus sueños tanto a nivel personal como de equipo al finalizar la liga y entrar a la competencia CCS. Felicidades a los atletas y particularmente a los siguientes equipos: ¡Al equipo de Golf por ganar la División Pal de la Bahía y a Nick Sako, campeón individual de PAL; a las chicas del equipo de Atletismo por el primer lugar en PAL (4th año consecutivo) a Kim O'Donnell por romper el récord escolar en los 100 y 300 obstáculos y a Keianna Talton, Christina Dixon, Dominique Green y a Caprice Powell por romper un récord mantenido por 22 años en los relevos de 4X100; al equipo de Tenis por su victoria en la primera ronda de CCS; a las chicas y chicos de natación del primero/segundo año o frosh/soph ya que ambos están invictos en la temporada y las chicas del equipo júnior están empatadas en primer lugar: El equipo de badminton está en primer lugar en primer lugar en PAL; y por último pero no en último lugar a nuestro equipo de Varsity de lacrosse por una temporada en Pal perfecta 14-0 PAL y también al equipo de JV por lograr una temporada como invictos! Muchas felicidades a nuestros entrenadores con una nota especial y mi comendación para el entrenador de Atletismo Vic Hudson, quien fue nombrado entrenador del año de CCS. Sus equipos de Varsity de Atletismo han ganado los títulos de la liga desde 1998. También felicidades al entrenador de basquetbòl de varsity Craig Carson quien fue nombrado por el periódico San Mateo County Times como entrenador del año por la gran victoria de sus equipos sobre Richmond en los juegos de semifinal de la División II del Norte de California así como por su excelente actuación durante todo el año. La Asociación de Tenis los Estados Unidos (USTA) ha reconocido formalmente a nuestros entrenadores de tenis Tom Sorenson y Carlos Aguilar por la implementación de su programa No-Cut o No Acortar en español. Esta regla llamada "no-cut" significa que cada estudiante que quiera jugar y participar es bienvenido, sin necesidad de tener previa experiencia o cierto grado de habilidad. Y finalmente, estamos muy orgullosos de nuestro renombrado entrenador Ben Parks por sus 40 años de servicio a Menlo - Atherton y recibió el "Premio como Distinguido Ciudadano y Servicio Comunitario Tom Bradley", presentado por la fraternidad del capítulo Kappa Alpha Psi, Inc. el 23 de marzo. El 21 de junio el entrenador Parks entrará al Salón Deportivo de la Fama del Condado de San Mateo. Felicidades a nuestra asistente de maestra, Julie Gross, quien completó la Maratón de Boston de las 26.2 millas en el Día Patriota o Patriot's Day bajo un inclemente tiempo, en cuatro horas y 38 minutos - nada mal para una mujer que está en sus cincuenta. Estamos también muy orgullosos de nuestro maravilloso ex padre Pat Targgart, por haber recibido el premio que otorga el distrito llamado "Premio Honorario del Distrito 17 por Servicio" por sus años de servicio en nuestras escuelas primarias, nuestra escuela, y quien es además ahora un padre voluntario muy activo en Stanford.

Mientras el año escolar 2006-2007 llega a su fin, debo expresar a la comunidad entera de maestros, equipo administrativo, estudiantes, padres y amigos, mi más profunda apreciación y encomios por un trabajo bien hecho.

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Con orgullo y respeto, Denise Plante, Directora

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M-A HS PTA News

17<sup>th</sup> District CCPT

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The purpose of the newsletter is to promote communication between the administration/ faculty and parents. We welcome all your comments, suggestions, and articles. Send submissions by e-mail to: gale13@sbcglobal.net. The mention of any business or service in this newsletter does not imply an endorsement by the M-A PTA.

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# PTA has Big Dreams and Big Accomplishments for 2006-2007

By Leslie Murveit and Stacy Fredrickson, Co-PTA Presidents

This year's theme for our PTA was "Dream Big". It's now time to reflect back on a year of big dreams and big accomplishments.

Our donors kicked off our year with their unprecedented support of our membership and direct donation drive. Thanks to their generous donations, the PTA was able to support M-A at record levels. Please see the enclosed article for more details on PTA spending this year, but a few highlights include: Mini-Grants awarded to staff (\$30,000), funds provided to furnish new picnic tables and benches (\$11,000), fully funding Freshmen Challenge Day for next year's freshmen (\$17,000), fully funding Freshmen transition program for next year (\$7,350), all in addition to our regular spending throughout the year.

We hope when you receive your PTA membership and direct donation information in the summer mailing that you will again consider becoming a member of the PTA and supporting our work with a donation, which you can bring with you to Arena Check-In. M-A will be the beneficiary of your contributions!

Although we were able to dream big for M-A financially, that was not our most important work this year. The PTA was able to provide more service for our school because of our many volunteers' selfless donation of their time. We continued to support the Freshmen Family Welcome, Arena Check-In was staffed, student schedules were handed out, an army of volunteers made the Fashion Show a HUGE success, canned food drive provided food to over 400 needy families, ESL tutors worked away, week after week, AP tests were proctored, and the upcoming Grad Night will be enjoyed by the Class of 2007. These are but a few of the events and activities that our volunteers supported in the past year. So if you feel like becoming more involved at M-A, we have a job for you! To volunteer for next year, please contact next year's co-president, Pam Stoner at [pastoner@yahoo.com](mailto:pastoner@yahoo.com).

This year M-A PTA has come on strong with a 3-prong approach to parent education. A wonderful website was completed for the Focus on Alcohol Committee for Teen Safety (FACTS), ([www.mafacts.org](http://www.mafacts.org)), which can be reached from the M-A website ([www.mabears.org](http://www.mabears.org)) under "Latest News". Denise Pope and a panel of students spoke on the stress that permeates the high school years empowering students and parents to address this issue. Lastly, the PTA supported the education of the M-A community (teachers, parents and students) about the health and safety issues related to our teens and their sleep habits.

With the class of 2007 having one foot out the door, we want to express a note of thanks for the exhilarating and uplifting year we have shared. All throughout this year at M-A, it has been our pleasure to work with intelligent, sincere, creative, energetic, professional, hardworking people who used their talents to improve M-A. To the administrative team, staff and teachers, whose commitment, each and every day, ensures a brighter tomorrow for M-A students, to the PTA's many volunteers and families, whose generous donations of time and money have made dreams become reality, we give our heartfelt thanks for this great adventure we have shared!

We leave the PTA in the capable hands of the incoming PTA Co-Presidents, Pam Stoner and Julie Brody. The next PTA meeting, which they are in charge of, will be held on Thursday, May 31st, 8:45 am, in Rise Room of the J-Building. The meeting will include a presentation by Denise Plante, M-A Principal. In addition, the PTA's preliminary budget for next year will be presented. We hope to see you there!

*The future belongs to those who believe in the beauty of their dreams. -Eleanor Roosevelt*

## M-A PTA June "Bear Hugs" to

Although many of these committees will continue to work until the end of the year, we would like to acknowledge their contributions now towards making this year a success. Many thanks to:

Maria Flaherty and Joanne Goldberg for providing vital communication to M-A parent subscribers in the form of eNotes, the weekly email updates with M-A news.

Barb Burgelin, Linda McGhee, Denise Barnett and Judi Baskin, for serving as Grad Night Co-Chairs and ensuring that the Class of 2007 will have a safe and sober event to celebrate their graduation!

Anne Call and Linda Walsh for organizing the Senior Breakfast, giving seniors the opportunity to gather and share breakfast with their friends prior to graduation.

Judy Hood, whose artistic talent came through in everything that she and the Staff Appreciation Committee did this year, creating sumptuous and delicious displays of food and decorations for the M-A staff's enjoyment.

Gwyn Wachtel, for Chairing Student Awards Night, allowing M-A's real stars, the students, to shine and receive recognition for their hard work.

Rosalie Cornew, whose Spanish Translations for PTA and FACTS were critical for reaching out to our entire M-A Community.

Gale Lane, most especially, for the many hours she spent this year as Trivocis Editor, consistently providing M-A families with an information-packed, well-organized, easy-to-read, visually pleasing publication, month after month!

ALL of this year's PTA volunteers for your hard work and efforts on behalf of the PTA. Your efforts throughout the year have benefited M-A, and the PTA is very grateful for your time and support.

## 2006-07 M-A PTA Service Awards

By Stacy Fredericksen and Leslie Murveit

2006-07 M-A PTA Co-Presidents

Each spring, the PTA presents awards to worthy individuals and organizations, whose service to the M-A community has been outstanding. This year is no exception, and the PTA was delighted to present awards to the following recipients, at the May Appreciation Luncheon held on May 16th. The theme of the luncheon and our service awards nominations was "Big Dreams and Big Accomplishments," and all of our recipients are big dreamers, who have made huge contributions to M-A! In addition to awards, the PTA continued the tradition of adopting a book in each recipient's honor for the M-A library. The adopted books are noted below next to the award recipients' names.

### ***PTA Continuing Service Award***

Terry Tsu El Señor de los Anillos (Lord of the Rings) by J. R. R. Tolkien

### ***PTA Service Awards***

Marilyn Loftness On the Road, 40th Anniversary Edition by Jack Kerouac

Hilda Friedman Eyewitness Companions, Art by Robert Cumming

Eileen Van Rheenen At first Sight, Photography and the Smithsonian by Merry A. Foresta

Lisa Bohannon Selected Poems, 1931-2004 by Czeslaw Milosz

Kathy Jackson The Green Glass Sea by Ellen Klages

Charlene Margot A Prisoner in the Garden, Photos, Letters, and Notes from Nelson Mandela's 27 Years in Prison by the Nelson Mandela Foundation

Chris Rivera In Search of Mockingbird by Loretta Ellsworth

### ***PTA Community Service Awards***

Susan Mohr Senior Year, a Father, a Son and High School Baseball by Dan Shaughnessy

Kayla Skidmore Ice, The Nature, the History, and the Uses of an Astonishing Substance by Mariana Gosnell

### ***PTA President Awards***

Stacy Fredericksen A Thousand Days, John F. Kennedy in the Whitehouse by Arthur Schlesinger, Jr.

Leslie Murveit Presidential Courage, Brave Leaders and How They Changed America, 1789-1989 by Michael Beschloss

Please join the M-A PTA in congratulating our very admirable 2006-07 PTA Service Award recipients!

## Mark your Calendars for 2007-2008!

By Julie Brody & Pam Stoner, M-A PTA Co-Presidents, 2007-2008

Menlo-Atherton High School's first day of school will be Thursday, August 23. We are very excited about the upcoming 2007-2008 school year and the important role that our PTA plays in the M-A school community. We look forward to a year full of PTA events and programs such as Freshman Challenge Day, 2007 Fashion Show, our new Parent Education Speaker Series, the vital PTA Mini Grant program, staff appreciation events, and Grad Night for the Class of 2008, just to name a few. We welcome your active participation in our PTA and look forward to getting to know you.

Information on what is going on at M-A can be found in a multitude of ways. First, bookmark M-A school's web page at [www.mabears.org](http://www.mabears.org) as a valuable resource. Links that can be found there include: Comunicadol!, a resource for what is going on with your student in the classroom, eNotes, a timely source of day-to-day information, and Trivocis, the monthly printed newsletter you are now reading. Don't forget the monthly PTA General Meetings held on the first Wednesday morning of each month next school year. It is a wonderful way to meet other involved parents, hear from administrators about what is going on at M-A, and learn specifics about the upcoming activities and programs. In addition, look for the school's summer packet to arrive in early August. It is full of critical information, dates, places, names, and important forms what will need to be filled out and turned in at the mandatory Arena Check-In. PLEASE NOTE that Arena Check-In will be a week before school starts: Thursday, August 16 (freshmen and seniors) and Friday, August 17 (sophomores and juniors).

We will introduce ourselves to you when we run the last PTA meeting of the year on Thursday, May 31, in the Rise Room (attached to Building J). Denise Plante, M-A Principal, will be our guest speaker. In addition, the PTA's preliminary budget for next year will be presented, and we will elect the 2007-2008 PTA Representative-at-Large to our high school's SDMSC (Shared Decision Making Site Council). We hope to see you there!

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## 2006-07 PTA Bear Farewell Awards

By Stacy Fredericksen and Leslie Murveit,

2006-07 PTA Co-Presidents

Each spring, the PTA must say goodbye to some of our best volunteers, who will be leaving M-A when their youngest child graduates in June. This year is no different, and the PTA honored the following longtime volunteers, with a PTA Bear Farewell Award at the May Appreciation Luncheon.

Cathy Bitler	Lisa Frederiksen Bohannon
Barb Burgelin	Anne Call
Lee Crager	Kerry and Howie Dallmar
Mary Etta Eaton	Susan Ellis
Mike Guerra	Pam and Don Johnson
Debbi Jones-Thomas	Margie Lawrence
Linda McGhee	Terry Tsu
Gwyn Wachtel	Kathy Walkup

## From The Guidance Office

*By Karen Ramirez, Head Guidance Advisor, Julie Watts, Francine Andrade, Karina Escobar-Weaver and Silvia Torres, Guidance Advisors*

Towards the end of May, the district office mailed summer school schedules to your home. If you have any changes that need to be made to your student's summer school schedule for the 1<sup>st</sup> session, you will need to contact the summer school office directly at (650) 839-8980 or email [summerschool@seq.org](mailto:summerschool@seq.org). You or your student can make 2<sup>nd</sup> session changes until the last day of school with his/her guidance advisor anytime before school, brunch, lunch, or after school.

When you receive your student's class selection for the next school year, we ask that you review and discuss his/her choices. In particular, we want to make sure you help your student understand the commitment of taking AP courses. Most, if not all, AP courses require summer reading and due to class space students may not be allowed to move out of AP courses to a regular college preparatory class upon returning to school in the fall. If your student is still wavering on the commitment and is currently scheduled for an AP course next fall, we recommend that you and your student discuss any concerns with your student's teacher(s).

Students who take summer school classes need to contact the Guidance Office in early August after they complete their summer school classes. Please note that seniors (Class of 2008) who need 10 credits of physical education (P.E.) at the beginning of their senior year will be placed in a P.E. class for the 2007-08 academic year.

### Letters of Recommendation

Current juniors who will be applying to private colleges and/or universities frequently need a letter of recommendation from their Guidance Advisors. They need to complete a letter of recommendation packet, which includes a copy of their college essay, parent statement, peer statement, an unofficial copy of their transcript, and envelopes addressed to the colleges/universities with two stamps per envelope. Students can download the recommendation packet through [www.macareercenter.com](http://www.macareercenter.com). It is listed as Teacher recommendation request packet. It is to the students' advantage to give this packet to their Guidance Advisors early. **Students need to personally submit their recommendation packets to their Guidance Advisor as follows:**

- **For Early Action:** Friday, September 28, 2007.
- **For Regular Decision:** Wednesday, November 7, 2007.

### Additional Deadlines for the Class of 2008:

All required courses for graduation, including safety education, that are taken via distance learning must be completed by **November 26, 2007**, and the Guidance Office must receive the final transcript no later than **December 14, 2007**.

Senior students who elect to meet the technology graduation requirement by completing a portfolio **must have it completed and approved by December 3, 2007**.

### Technology Graduation Requirement

Students can fulfill this requirement in one of three ways. The first way is to take a class at Menlo-Atherton High School that is approved to meet the requirement. Our office has a list of approved classes. The second way is to take the technology challenge exam, which takes place at the beginning of each semester. The fall exam will take place on September 5<sup>th</sup>. The deadline to register is August 31, 2007. Please register in the Guidance Office. The exam can only be taken once. If the student passes, he/she will meet the technology requirement. If the student fails, he/she will have to meet the requirement in another way. The third way to meet this requirement is to complete the technology portfolio. Students may attempt a portfolio only once. Students need to make sure that they are aware of the expectations for the technology portfolio before they decide to take this route. They need to make sure that they have covered enough features in their files before submitting their portfolio. Please refer to the Technology Portfolio Evaluation Rubric, which is located on the district web site, [www.seq.org](http://www.seq.org), under Academics, then under Graduation Requirements. The portfolio must be approved not only by the teachers the student works with to produce it, but also by one of our technology teachers at Menlo-Atherton High School or by Robert Fishtrom, Technology Coordinator at the District Office.

### Distance Learning

Please note that if students plan to take a class online through our Distance Learning program in order to meet a graduation requirement, they **must** complete the class by the end of the first semester of senior year. In order to complete a class, a student needs to take an exam at Menlo-Atherton High School. These exams need to be ordered in advance from the Distance Learning institution and are usually proctored by a staff member in the Guidance Office after school. It is the student's responsibility to complete the coursework needed at least one month in advance of the date of completion. For our current juniors, this day is November 26<sup>th</sup>, 2007. This allows time for the student to order the exam, schedule an appointment in the Guidance Office, take the exam, and wait for the results to be factored into the final grade. The student's final transcript with the grade for the class must be received by our office no later than the last day of the first semester of senior year. For our current juniors, this day is December 14, 2007. If our office does not receive a final transcript by this date, we will schedule the senior student into the class(es) needed for graduation during second semester of senior year.

Please note that a student must complete a distance learning application which must be pre-approved by Menlo-Atherton H.S.

and District Office personnel before the student can take a class through Distance Learning. A student may only take one class at a time through Distance Learning. Distance Learning applications are available in the Guidance Office. More information on approved sites is available at [www.seq.org](http://www.seq.org).

### **Finals**

Finals are coming and your student will need your support for the final stretch of this school year. There are several ways to support your student during this time. One is to check with your student about final tests and/or projects due dates and his/her progress in preparing for such finals. Another is to help them organize class materials and prioritize time needed to prepare. When preparing for finals, students should confirm with their teachers what to expect on the final exams, review class notes and previous quizzes/exams, attend regularly, and stay on top of current homework. We also recommend your student get involved in study groups and make use of any strategies, such as using flashcards to help them memorize content. Most important, encourage and support them to do their best.

**Finals schedule for Seniors begins the week of May 28th.**

**Grades 9 through 11 finals start on June 4<sup>th</sup>.**

**SENIORS! SENIORS! SENIORS!** -- Remember to submit your request to have your Final Transcript mailed to the college(s) you will be attending this fall. Forms are located in the Guidance Office. **Please include a stamped envelope addressed to the college(s) and \$2 for each transcript you request.** Since our office will close at the end of June, you will need to make sure you give us enough time to process your transcript request.

*We congratulate the Class of 2007 for their hard work and effort at Menlo-Atherton High School. We wish your student the best of luck in their future endeavors.*

## **De la Oficina de Consejería**

*Por Karen Ramirez, encargada del Departamento de Consejería, Francine Andrade, Julie Watts, Karina Escobar-Weaver y Silvia Torres, consejeras.*

Durante el mes de mayo, la oficina del distrito mandó por correo a sus domicilios el itinerario de clases para la escuela de verano. Si ud. tiene algunos cambios de clases para su estudiante para la primera sesión, tiene ud. que ponderse en contacto con la oficina del distrito directamente y llamar al (650)839-8980 ó por correo electrónico [summerschool@seq.org](mailto:summerschool@seq.org). Ud. ó su estudiante pueden hacer cambios para la segunda sesión hasta el último día de escuela. Para hacer estos cambios, pongase en contacto con la consejera durante las horas de escuela ya sea durante el recreo, almuerzo ó despues de clases.

Cuando ud. reciba el itinerario de clases seleccionadas por su estudiante para el próximo año escolar, nosotras les pedimos que ud. revise y discuta las clases seleccionadas. En particular, queremos asegurarnos que por favor ayude a su estudiante a comprender la obligación de tomar clases avanzadas (AP). La mayoría, si no todas de las clases avanzadas (AP), requieren lectura durante el verano y por el número de estudiantes asignados en las clases regulares, esos estudiantes no podrán cambiar de clases avanzadas a clases regulares cuando las clases comiencen en el otoño. Si su estudiante todavía está pensando y está programado para tomar clases avanzadas el próximo año, nosotras recomendamos que ud. y su estudiante discutan cualquier preocupación que tengan sobre esa clase con la profesora de su estudiante.

Los estudiantes que toman clases de verano necesitan ponerse en contacto con la Oficina de Consejería durante a principios de agosto después de terminar sus clases de verano. Por favor tome nota de que los estudiantes del doceavo grado (clase del 2008) que necesitan 10 créditos de educación física al comenzar su último año escolar serán colocados en una clase de educación física durante el año académico 2007-08.

### **Cartas de Recomendación**

Los estudiantes que están actualmente en el onceavo grado y quienes van a someter aplicaciones para las universidades privadas frecuentemente necesitan una carta de recomendación de sus consejeras. Ellos necesitan completar un paquete de cartas de recomendación, el cual incluye una copia del ensayo para la universidad, un resúmen acerca del estudiante escrito por los padres, un resúmen escrito por un compañero acerca del estudiante, una copia del expediente académico del estudiante, y sobres con los nombres y direcciones de las universidades y dos estampillas en cada sobre. Los estudiantes pueden obtener una copia del paquete de cartas de recomendación en el siguiente sitio: [www.macareercenter.com](http://www.macareercenter.com). Es una ventaja para los estudiantes cuando ellos entregan el paquete de cartas de recomendación temprano a sus consejeras. **Los estudiantes necesitan personalmente someter el paquete completo a las consejeras en la siguiente manera:**

**Para Decisión Temprana: viernes, 28 de septiembre del 2007.**

**Para Decisión Regular: miércoles, 7 de noviembre del 2007.**

**Fechas Límites Adicionales para la Clase del 2008:**

Todas las clases que son requisitos de graduación, incluyendo educación de seguridad, las cuales los estudiantes toman a traves del programa de Aprendizaje a Distancia tienen que ser completadas a más tardar el **26 de noviembre del 2007** y la Oficina de Consejería tiene que recibir la calificación final a más tardar el **14 de diciembre del 2007**.

Los estudiantes del doceavo grado quienes eligen cumplir on el requisito de tecnología por medio del portafolio necesitan completar y someter el portafolio **a más tardar el 3 de diciembre del 2007**.

## Requisitos de Graduación de Tecnología

Los estudiantes pueden cumplir con este requisito de graduación de tres maneras. La primera manera es completando satisfactoriamente un semestre de una clase de tecnología aprobada por el distrito en la escuela de Menlo-Atherton. Nuestra oficina tiene una lista de clases que satisfacen este requisito. La segunda manera es pasar el exámen de capacidad tecnológica (“Technology Challenge Exam”). Este exámen se lleva a cabo al principio de cada semestre. El exámen del otoño se llevará a cabo el 5 de septiembre. El último día para registrarse para tomar este exámen es el 31 de agosto del 2007. Por favor regístrese en la oficina de consejería para tomar este exámen. El exámen solo se puede tomar una vez. Si el estudiante aprueba el exámen, él ó ella habrá cumplido con este requisito. Si el estudiante reprueba el exámen, él ó ella tendrá que cumplir con este requisito de otra manera. La tercera manera de cumplir con este requisito es completando el portafolio de tecnología. El estudiante solo puede someter el portafolio una vez. Los estudiantes deben cerciorarse de que ellos han incluido suficiente información en sus archivos antes de someter el portafolio. Por favor lea la rubrica de la evaluación del portafolio de tecnología “Technology Portfolio Rubric”, la cual se encuentra en nuestro sitio de la red del distrito, [www.seq.org](http://www.seq.org) bajo “Academics” y luego bajo “Graduation Requirements”. El portafolio no solo debe recibir la aprobación de los maestros con los cuales el estudiante trabaja para producirlos, pero también deben recibir la aprobación de uno de nuestros maestros de tecnología en la escuela de Menlo-Atherton, ó por Robert Fishtrom, coordinador de tecnología del distrito.

## Aprendizaje a Distancia (Distance Learning)

Por favor note que sí el estudiante desea tomar una clase a través del programa de Aprendizaje a Distancia para satisfacer los requisitos de graduación, tiene el estudiante que completar esta clase al final del primer semestre del doceavo grado. Para poder completar la clase, el estudiante necesita tomar un exámen en la escuela superior de Menlo-Atherton. Estos exámenes necesitan ser ordenados con anticipación a la institución de Aprendizaje a Distancia y tienen que ser supervisados por un miembro de nuestra oficina de consejería. Es la responsabilidad del estudiante de completar todo el trabajo necesario por lo menos un mes antes del final del primer semestre. Para los estudiantes del onceavo grado, este día es el 26 de noviembre del 2007. Esto permite suficiente tiempo para que el estudiante ordene el exámen; haga cita con el personal de la oficina de consejería, tome el exámen, y espere que los resultados sean incorporados a su calificación final. El expediente académico con la calificación final para esta clase debe de ser recibido en nuestra oficina a más tardar el último día del primer semestre del doceavo grado. Para los actuales estudiantes del onceavo grado (estarán en el doce el próximo año) este día es el 14 de diciembre del 2007. Si nuestra oficina no recibe el expediente académico final para esta fecha, nosotras vamos a inscribir al estudiante del doceavo grado en las clases que necesita para graduación durante el segundo semestre del último año.

Por favor note que el estudiante necesita completar la aplicación del programa de Aprendizaje a Distancia, la cual tiene que ser aprobada por la escuela superior de Menlo-Atherton y la Oficina del Distrito antes de que el estudiante pueda tomar esa clase a través del programa de aprendizaje a distancia. El estudiante puede tomar solamente una clase a la vez cuando está inscrito en este programa. Las aplicaciones para aprendizaje a distancia están disponibles en la oficina de consejería. Si desea más información acerca de las instituciones educativas que han sido aprobadas por el distrito, por favor vaya al [www.seq.org](http://www.seq.org).

## Exámenes Finales

Los exámenes finales están por realizarse y su estudiante necesita su apoyo hasta el final del año escolar. Hay varios modos en que ud. puede apoyar a su estudiante durante este tiempo. Uno es chequear con su estudiante acerca de los exámenes finales ó proyectos que tiene que entregar y además revisar el progreso en la preparación para los exámenes finales. Otro es ayudar a organizar los materiales para las clases y priorizar el tiempo necesario para preparar. Cuando el estudiante está preparándose para los finales, tiene que revisar las notas tomadas en clase y tiene que revisar los exámenes que han tomado durante el año. Tiene que asistir regularmente a clases y hacer los deberes diarios de cada clase. También nosotras recomendamos que su estudiante se involucre con otros estudiantes a reunirse en grupos para estudiar y tener estrategias como usando tarjetas con notas para ayudarlo a memorizar la información. Más importante, dele ánimo y apoyo para hacer lo mejor que pueda. El horario de los exámenes para los estudiantes del doceavo grado comienza la semana del 28 de mayo. Para los estudiantes del noveno al onceavo grado, los exámenes finales comienzan el 4 de junio.

**ESTUDIANTES DEL DOCEAVO GRADO!** Recuerde someter su solicitud para mandar el último expediente académico a la universidad ó colegio que planea asistir en el otoño. **Estas solicitudes se encuentran en la oficina de consejería. Por favor incluya un sobre con la dirección ó colegio con su estampilla y dos dólares con cada solicitud.** La oficina cerrará a finales de junio. Su estudiante tiene que asegurarse de darnos suficiente tiempo para procesar la solicitud de enviar el expediente académico.

**Nuestras felicitaciones para la Clase del 2007** por todo el esfuerzo y fuerte trabajo que desempeño aquí en la Escuela Superior de Menlo-Atherton. Le deseamos a su estudiante la mejor buena suerte en todos sus planes para el futuro.

## FROM THE CAREER CENTER

By *Alice Kleeman, AAKleeman@aol.com 322-5311 x 5141*

This year's seniors who applied to four-year colleges have received their acceptances and denials (though some are still on wait lists). There has been a great deal of excellent news as well as the inevitable disappointments (though students generally bounce back very quickly from those!). As usual some campuses of the University of California were quite competitive, though I must say that many students were admitted to even the most selective campuses. As I talk to next year's seniors, I am reiterating the importance of applying broadly and open-mindedly to UC and CSU campuses.

Private colleges once again report receiving record numbers of applications and, as always, must deny some top students. The message continues to be that even superbly qualified students need to apply to some realistic choices where they would be not just willing to attend but enthusiastic about attending. The most important message, in my mind, is to be open-minded about where to go to college; after all, it is only a tiny fraction of the nation's colleges that are super-selective; a great education is available at many colleges that are not nearly as choosy. Prestige should be the last factor considered (if it is considered at all) when trying to find a good college match; a less selective college should never be assumed to be inferior!! And the community college route is a great option—simply another path to the ultimate goal: a degree, an excellent education, and a rewarding college experience.

For more depth about the topic of how selective colleges make their admission decisions, please see my web site in the FAQ: <http://www.macareercenter.com/faq.html#hsc>

I have already met with many juniors; I will also be available to meet with next year's seniors over the summer (a good time, since it's quiet and peaceful, and since junior-year grades and test scores will be available).

As always, feel free to call (x 5141) or e-mail (AAKleeman@aol.com) if you have questions!

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## Senior Awards Night: Honoring Outstanding Achievements

By *Gwyn Wachtel, Meg Fried, and Kathy Wright Awards Night Co-Chairs*

The annual M-A Senior Awards Night will be held on Tuesday, June 5, at 7:30 p.m. in J-Bldg. During this inspirational evening, sponsored by M-A PTA, many hard-working and talented seniors (and a smaller number of juniors) are honored for outstanding academic and extracurricular performance, and service to the school and community. Some of the awards will be a surprise, while many will be recognition for awards already received. Recognition is given for a wide variety of scholarships, prizes, and commendations awarded to M-A students by school and community groups. Last year, nearly 200 individuals were recognized. Invitations will be mailed to families of students who will be receiving recognition. Awards to junior students will be presented early in the program, followed by senior awards. Refreshments will be served following the program. Congratulations to the deserving recipients!

## M-A's Own SAT Prep Program

By *Jane King, Director, M-A's Own SAT Prep*

Are you looking for a place to send your student for PSAT/SAT preparation? Do you want an organization with a proven track record, beginning its 28th year in the fall? If so, you need to talk to Jane King, Director of M-A's Own SAT Prep Program. Call her at 323-4066 or email her at [jcking@juno.com](mailto:jcking@juno.com) for all your questions and/or to ensure your student's place on the roster. Our motto is "As good as the best, and better than all the rest."

This fall we plan a PSAT/SAT two-tier system so that both athletes and non-athletes can be served. We propose to run double sessions on Mondays and Tuesdays so that coaches have a better option for granting the student time to take this important pre-college requirement. We need to fill both sections, and twenty students each will do that. At that figure, we can offer our base price of \$100. Fewer students mean a higher fee, but it never goes over \$225.00, which, at fifteen hours of preparation, works out to only \$15 per hour. It is our experience over the past 27 years that 15 hours of instruction is appropriate to do the job. We operate, to keep our costs low, on a no make-up, no refund basis.

The M-A's Own SAT office will be closed from June 29 through August 1. If you leave a message during that time, there won't be a response. Please call back when we re-open. The best plan is to call before June 29. With a willing student, we do a Class-A job. As the television ads say, "Try us - you'll like us."

## M-A Platinum Plus Club

by Stacy Fredericksen and Leslie Murveit, 2006-07 M-A PTA Co-Presidents

The Platinum Plus Club is a way to formally acknowledge the service of current M-A staff members, whose careers at M-A have spanned twenty years or more. The M-A PTA continues to support the M-A Platinum Plus Club, at this spring's May Appreciation Luncheon, held on May 16th by updating the vinyl banner with the Platinum Plus Club staff members' name and M-A start dates. In addition a book was adopted for the M-A library in honor of our new recipient.

This year Sandy Nelson is our only new member of M-A's Platinum Plus Club. The book adopted in Sandy's name is *Breaking News: How the Assoc. Press is Covering War and Peace and Everything Else*. Please share a warm thought with the M-A Platinum Plus Club staff members when you see them, and thank them for their many years of dedicated service to our school!

Richard Weaver '66  
Frank Moura '68  
Pamela Wimberly '68  
Denis Lose '69  
James MacKenzie '69  
Michael Schneider '69  
Ursula Burgess '72  
Wendell Wiley '79

James Williams '79  
Janet Elliot '80  
Keith Perkins '81  
Mary Cagge '82  
Ken Gradiska '82  
Richard Longyear '82  
Jerry Brodkey '83  
Hugh Irwin '83

Jeffrey Klenow '84  
Francis Huber '85  
Steve Lippi '85  
Donna Tyree '85  
Madeleine Besse '86  
Martha Rubin '86  
Sandy Nelson '87

### Bear Athletes go to College

Congratulations to all of the graduating athletes that have carried on the M-A tradition of excellence and good sportsmanship for the past 4 years. Many will carry this tradition to the college arena as they take their talent and "game" to a whole new level.

#### Baseball

Jordan Sanvictores—University of Redlands  
Daniel Johnston—San Diego State

#### Girls and Boys Basketball

Christina Dixon—Cal State Northridge  
Stephen Call—University of Redlands

#### Crew

Molly Dallmer—UCLA

#### Dance

Abigail Feiler, UCLA  
(World Arts and Cultures – Dance major)

#### Football

Jesse Fifta—Oregon State University (full scholarship)  
Kevin Disibio—Foothill College  
Saia Haatoa—Foothill College  
Maurice Hanks—San Francisco City College  
Matt Mohr—University of Redlands  
Fatai Vailala—will be playing football at Foothill College  
or a full scholarship to play Rugby at St. Mary's College

#### Golf

Elliot Hume—Cal State Chico

#### Girls and Boys Soccer

Kaitlin McGhee, Vanguard University, California  
Joe Cain—Cal State Chico

#### Girls and Boys Lacrosse

Sam Bassin- University of Colorado at Boulder (Club)  
Tenley Breen- Wheaton College (Div. III)  
Katie Fanelli- San Diego State University (Club)  
Megan Power-UC Santa Cruz (Club)  
Mackenzie Rodgers- University of Utah (Club)  
Kayla Ushman-Santa Clara (Club)  
Emily Wright- Redlands University (Div.III)  
David Blank--UC Santa Cruz  
Will Hyrne—Tulane University  
Alex Johnson--UC Davis  
David Merrill--Oregon State University  
Nick Peters—UCLA, Ryan Starr--UC Davis  
Sergio Zamora--UC Santa Cruz/ (all club)

#### Track and Field

Christina Dixon—Cal State Northridge  
Keianna Talton—UC Berkeley

#### Girls and Boys Volleyball

Laya Englehardt—UC Davis  
Evan Fredericksen—Vassar

#### Girls and Boys Water Polo

Rita Bullwinkle—Brown University  
Jessica Welton—Loyola Marymount  
Todd Hazen—Santa Rosa Junior College  
Stephen Hicks—Naval Academy  
Jacob Morton—UC Santa Cruz  
Elliot Welsh—Cabrillo College

# FOUNDATION FOR THE FUTURE

Supporting Excellence in Education

**MENLO-ATHERTON HIGH SCHOOL**

To all current M-A families and incoming freshman families,

In this, our fourteenth year, it is my pleasure to report that M-A's Foundation for the Future has had a record-breaking fundraising year, raising over \$750,000 to date, thanks to the overwhelmingly generous support of our donors!

In addition to providing \$500,000 for essential and enriching M-A programs this year, the increase in donations has made two very exciting new Foundation-funded opportunities possible for next year: strategic class size reduction and professional development for M-A faculty and staff. Both of these worthy projects will benefit M-A's great students and staff alike.

Although the bottom-line credit for this year's Foundation success goes to you, our donors, I would like to take the opportunity to acknowledge our entire board for their hard work and contributions as well; their names appear along the border of this page. I would also like to acknowledge our out-going Co-Presidents, Kevin Menninger and Anne Peck, for their valuable leadership for our team; we are delighted that they will be remaining on our board next year.

A BIG thank-you to our talented departing board members for their past assistance: Leigh Flesher, Greg Gump, Norm Hall, Robin Holland, Carol Orton, Jerry Peck, Dana Shelley, Joy Somersett, Marla Stark, and Fred Wiener.

A rousing Foundation welcome to our enthusiastic incoming board members, also a gifted group: Lynne Clarence, Trish Gump, Katie Keating, Marilyn Loftesness, Bryan Lovegren, Carol Maibach, Carin Pacifico, Dave Quincy, Lisa Schatz, Kim Sommer, Greg Stroud, and Kim Young.

Many thanks to all for allowing M-A to "Dream Big" this year! Stay tuned for next year, as our Foundation's dream for M-A has only just begun.

Best regards,  
Cindy Folker, Director of Development

## ATTENTION ALL INCOMING FRESHMAN FAMILIES!

### Freshman Parent Coffee

Please join us for a parent coffee on the morning of freshman orientation

Tuesday, August 21, 8 AM, M-A J-Building (front of school)

Drop your freshman off and join us for a cup of coffee and pastries

Meet other freshman parents and learn more about M-A!

Sponsored by M-A's Foundation for the Future

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M-A High School

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Menlo Park, CA 94026

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[www.m-afoundation.org](http://www.m-afoundation.org)

## THANK YOU M-A Athletic Booster Donors!

The Booster Committee, along with our dedicated coaches and athletes, gratefully acknowledges the following families and businesses for their generous support of M-A Athletics. Booster funds provide uniforms, equipment, helmets, balls, timing systems (and so much more!) for 700+ student athletes on 52 teams. Go Bears and Go M-A Community--We couldn't do it without YOU!

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Kathy and Sam Wright  
Steven Zuckerman and Debra Meyerson

Please accept our apology for any omissions.

## M-A's Coach Ben Parks Joins Sports Hall Of Fame And Receives Community Service Award

By Leslie Murveit

In his 40th year of service at Menlo-Atherton High School, Coach Ben Parks received the Tom Bradley Community Service & Distinguished Citizen Award, presented by the Palo Alto Chapter of the Kappa Alpha Psi Fraternity, Inc., on March 23. On June 21 Parks will be inducted into the San Mateo County Sports Hall of Fame.

Parks coached both football and wrestling at M-A and currently coaches the wrestling team at Sequoia High School. For two years in the 1970's, he also was Vice -Principal at Menlo-Atherton, as its Dean of Students. Since his retirement in 1989, 72 year old Parks has been a volunteer mentor, teacher and friend to students at Menlo-Atherton. It is fitting that Parks will be recognized in the same year for two distinct awards –athletic and community service – the two endeavors to which he has devoted his life.

“I've tried all my life to help students and their families get what they need,” said Parks. He noted that several teachers saved him from failing so he's devoted his life to giving back to his community. “My second grade teacher, Ms. Forshea and my high school athletic coach, Don Edwards, turned my life around.” Parks' eyes filled with tears as he told his stories. With dignity, Forshea brought lunch to school every day for Parks and another student who didn't have enough food to eat. His 6th grade teacher volunteered to tutor him every day during the summer. Edwards refused to allow Parks to work for \$.75 per hour at a car repair shop after graduating from high school and instead, delivered him to the College of the Pacific (now University of the Pacific) and enrolled him. Parks went on to graduate in 1957 and received a teaching credential the following year.

Parks started the Key Club at Menlo-Atherton, a youth version of the Kiwanis Club, of which he's been a member for 35 years. Under his leadership, the club began a holiday food drive in 1974. Thirty-three years later the annual food drive continues—in December nearly 400 Menlo-Atherton families received a two-week supply of chicken, fresh fruit and vegetables and dried and canned goods. Many of Parks' former athletes and Key Club members donate funds as well as their time and return to school to help deliver food boxes.

The Hall of Fame induction will include a banquet held at the San Mateo Elks Lodge. Tickets, priced at \$50 each, are available for purchase from the San Mateo Times. Make checks payable to Sports Hall of Fame and mail your request to: John Horgan c/o The Times, 1080 S. Amphlett Blvd, San Mateo, CA 94402. Proceeds from the event will benefit the San Mateo County History Museum in Redwood City that houses the Hall of Fame's full collection of the plaques. Former M-A recipients include Girl's basketball Coach and Athletic Director, Pam Wimberly, and swimmer Dick Roth.

## 2nd Annual Big Bear Run: A Runaway Success!

By Kim Young, Amy Boyle, Diane Hester

On Sunday, May 6th, Menlo-Atherton High School hosted its 2nd Annual Big Bear Run. Over 600 runners crossed the finish line, and 70 volunteers helped at every step of the race, from registering runners and monitoring the course, to verifying times and serving refreshments. Thanks to our race sponsors, participants and volunteers, we raised over \$50,000 for M-A athletics!

Athletes from each of our 53 teams were at the start line wearing terrific race shirts designed by Dan O'Brien, an M-A dad. Our dance team cruised the course in matching sweats and, as numbers are tallied, it appears this team may win one of the \$500 participation awards. Jeff Hester was the first M-A student to clock in at the finish line. Our overall male winner was Marcel Vifian, 37, who finished the 3.1 course in a blazing 15:28 minutes. Sarah Kummerfeld was the first female finisher with a time of 19:57. In hot pursuit of our winners were many teachers, coaches, parents, neighbors and children from local elementary and middle schools. Race results are posted at [www.rdysetgo.com](http://www.rdysetgo.com).

It was truly a community-wide event. Trainers from AXIS warmed up the runners, and Coach Parks performed his “stick” exercise to get everyone psyched. After Matt Zito and Denise Plante started the race, cyclist MaryAnn Levenson led the pack on her pace bike. Runners with aches and pains enjoyed free adjustments by Peak Chiropractic and M-A parent Colin Jenkins produced handsome medals for the winners. M-A mom, Leslie Peck, produced our banners. The Runners High donated race bibs and Starbucks, Posh Bagels, Hobe's, Deelish and Sigonas contributed healthy refreshments. Lastly, Dr. Eric Hyde emceed the race with great wit, and junior Phil Arcuni proudly wore the bear costume. Thank you one and all!

Mark your calendar for next year's race: Sunday, May 4th, 2008.

### High School Sports Physicals

**Who:** High School Students  
**When:** Saturday June 9<sup>th</sup> 2007  
9:00 am - 11:00 am  
**Where:** BAK Physical Therapy  
705 Oak Grove Avenue  
Menlo Park, CA 94025  
650-363-5674  
**Cost:** \$20.00  
(Cash, Check, or Credit Card)

# Freshman Transition and 6<sup>th</sup> Period Leadership

## Welcome New Bears M-A PTA Funds Programs

*By Andy Stuart, Freshman Transition Coordinator*

Plans are already well underway to welcome next year's new M-A Bears, the Class of 2011! Student leaders of the Freshman Transition program and members of the Freshman Transition Leadership class (6<sup>th</sup> period) have been working hard to ensure that incoming 9<sup>th</sup> graders and their families will feel welcomed and supported throughout their first year of high school at Menlo-Atherton.

Under the guidance of former administrative vice-principal and new M-A Principal Matthew Zito, the Freshman Services program has grown over the past five years to provide 9<sup>th</sup> grade students with a variety of successful comprehensive social/emotional, academic support programs. The Freshman Transition program at M-A presents a unique opportunity for this year's incoming class. The program's goal is simple: to help incoming 9<sup>th</sup> grade students become comfortable in the new and sometimes challenging high school environment. Throughout the first semester, student leaders visit classrooms to work with freshman students, promoting communication, teaching specific lessons, mentoring, offering advice, and answering questions. Experience has shown that peer leadership is the most effective way to create a school environment in which all students feel accepted, without judgment.

In addition, a Leadership class was created at M-A, to support freshmen. The Freshman Services Leadership class, composed of 30 dedicated student leaders, plans and presents events that serve the class of 2011 and their families. Mark your calendars! A super positive Freshman Orientation will take place on Tuesday, August 21 from 8:00 a.m. until 12:00 p.m. in the Menlo-Atherton large gymnasium. The Freshman Family Welcome Pot-Luck Dinner will be Sept. 7, and the first Freshman Dance is slated for the same night, beginning at 7:00pm.

The M-A PTA has shown a commitment to a great first year for freshman by funding the "Challenge Day" programs for every incoming 9<sup>th</sup> grader. Challenge Day is a workshop that promotes compassion, communication and community-building within a school. This year, 9<sup>th</sup> graders and Challenge Day volunteers worked together to increase awareness of differences, and to build alliances and acceptance among students of diverse racial and cultural backgrounds. This program has increased student bonding, improved communication and encouraged classroom participation and school success.

In recent years, the M-A Administrative team, teachers/staff, students, and the PTA have worked as a team to recognize and provide high quality services for our youngest students and their families. The Freshman Transition program, Compass program, the Freshman Leadership Class, 9<sup>th</sup> grade tutoring centers, 8<sup>th</sup> grade Integration, and the Challenge Day activities are all programs that have had a tremendous positive impact on the social and academic environment at our school. Menlo-Atherton is committed to continued work to build alliances and community spirit among its students and families.

Here are a few testimonials from the students in the class of 2010!

*"Freshman Transition has showed us that we are not alone and we have people standing with us."*

*"Freshman Transition has made me think more about other people, and not to criticize people for what they appear to be."*

*"It taught me that at M-A, they actually care about the freshmen and getting them to become a part of the school. It made me leave my comfort zone."*

*"Freshman Transition has really opened my eyes to all the diversity at M-A. It shows me the stuff I face everyday is faced by other students as well. I have a better understanding of M-A because of it."*

*"Freshman Transition has made me feel more welcomed to the school. It made me feel recognized and acknowledged as a student in M-A. It also opened up new ideas to me in the activities."*

*"M-A Freshman Transition has influenced me to look at my surroundings and think about what I say and do. This was a renewing experience and I enjoyed it immensely."*

*"Freshman Transition was a rewarding experience that helped me make new friends and learn great lessons. Without Freshman Transition, I wouldn't be friends with many of the people in my class."*

On behalf of 9<sup>th</sup> grade teachers and counselors, the PTA, over 130 student Freshman Transition leaders and Principal Matthew Zito and his administrative team, we look forward to offering the class of 2011 a great first year of high school at Menlo-Atherton. Welcome To Menlo-Atherton High School! We'll see you all at Freshman Orientation and Arena Check-in in August!

## A Note from your Admin Support Team...

First of all, we want to thank the dedicated volunteers who helped with the behind-the-scenes sorting of STAR test booklets. We sincerely appreciate the many hours you spent helping the process run smoothly. Also, kudos to the many people who lent their valuable time to proctor an AP test recently. Thank you to all who served so willingly this year. We are so appreciative of your support.

We are handing the reins over to two very capable women, Lisa Dettmer and Kristin Smith, who will serve as your Admin Support Co-Chairs for the upcoming school year. Thank you, Lisa and Kristin, for stepping up to help out! They both have incoming freshman this fall and are ready to hear from you about the volunteer opportunities below.

Planning for the Fall of 2007 has begun! The M-A Administration needs volunteers to help staff Arena Check-In which helps get our school year off to a good start. This is an easy way to get involved and meet other parents. This event takes place on campus, and training is provided on-the-spot, so no experience is necessary. We need some Spanish speaking volunteers, so please let us know if you are bilingual.

**Arena Check-In VOLUNTEER shifts are: (actual event hours are slightly different):**

**Thursday, August 16: 1:30 - 4:30 pm, and 4:00 - 7:15 pm**

**Friday, August 17: 7:30 - 10:30 am and 10:00 am - 1:30 pm**

We are also staffing volunteers to help with Schedule Distribution on the first day of school, which is Thursday, August 23. For this assignment, you will need to arrive at M-A at 6:50 a.m. and plan to stay until approx. 8:10 a.m. We'll need a few people to stay on until about 8:30 a.m. to distribute schedules to latecomers and students who don't have a first period. When you volunteer, let us know if you can stay until 8:30.

All volunteers will receive follow-up emails in August which will share details about where to park and where to report for each of these events.

If you're willing to help with any of the four shifts for Arena Check-In or with the Schedule Distribution on the first morning of classes, please send an email to Kristin Smith [kttsmith@yahoo.com](mailto:kttsmith@yahoo.com).

Thank you for your consideration and support,

*Kim Mitchell and Suzanne Amato*

*M-A Admin Support Co-Chairs, 2006-2007*

*Lisa Dettmer and Kristin Smith*

*M-A Admin Support Co-Chairs, 2007-2008*

## Graphing Calculators At Menlo-Atherton

*by Gregg Whitnah, Math Department Chair*

Graphing Calculators are an integral part of math education at M-A. They are used in all classes beginning with Algebra II. Classes that use graphing calculators include Algebra II, AS Algebra II, Pre-Calculus, AP Statistics, Statistics, and AP Calculus AB and BC. 9th grade Geometry students use scientific calculators in the spring semester but some students get graphing calculators instead knowing they will need them for Algebra II. They are also allowed on the SAT I and math subject exam. The SAT I test is referred to as Calculator Neutral, meaning you can use a calculator if you wish but all problems are solvable without one. The other standardized tests including the math subject exam, AP Statistics, and AP Calculus (AB and BC) require graphing calculators and some problems cannot be solved without one. They are also allowed on all math contests.

The most versatile calculator to buy for M-A math classes is the TI 83 and 84 series. All teacher presentations will be made with TI equipment. Please do not buy other brands (CASIO and HP). The TI 83's and TI 84's all perform well but there are differences in prices and functions. The TI 83+ is what many students purchase. The TI 83+ silver edition has twice the RAM (memory) and runs twice as fast. The TI 84 offers three times the speed of the TI 83+, an improved display, even more RAM, and a USB port for students who want to transfer data between their calculator and computer. I would not buy a new or used TI 83. TI 86's are great but they do not do Statistics. TI 89's will not be allowed on tests/quizzes at M-A.

Prices can vary tremendously depending on the store and the time of year. The most important information about pricing is they will always be considerably cheaper in the months of August and early September. Many stores such as Best Buy or Costco carry them as loss-leaders and sometimes sell them at cost or below cost. The differences in prices can be as much as \$30 or \$40 in comparison to the rest of the year. I do not know what prices will be this upcoming August but last year the TI 83+ was as cheap as \$80 during this brief one-month window. The TI 83+ Silver Edition and TI 84's will cost approximately \$20 to \$30 more than a TI 83+. Some students and parents buy their calculators through eBAY where you can expect to pay half the price.

If you are a low-income family, M-A does check out TI 83's and TI 83+'s to students who cannot afford them.

If you do buy a TI graphing calculator on your own, please save the barcode for M-A. We can use them for earning TI teacher presentation equipment. Return your barcodes to your son's or daughter's math teacher or Mr. Whitnah in Room D20 or mail them to him at 555 Middlefield Rd, Atherton, 94027. Questions??? Send them to [gwhitnah@seq.org](mailto:gwhitnah@seq.org).

## ESL Tutoring Volunteer Program

### Help M-A's English Learners Dream Big!!

#### The Short Story:

Planning for the coming school year's PTA ESL Tutoring Program is underway. Please e-mail either Sally Fundakowski (salfun@comcast.net) or Cathy Fairgrieve (cfairgrieve@mindspring.com) if you're interested in tutoring or have any questions about the program.

#### The Rest of the Story:

Volunteer ESL Tutors work weekly with students in ESL Classes (English as a Second Language). Most of our students have moved to the US within the past 3 years. They face huge challenges in tackling high school in a new language, a new country and a new educational system. Many of them speak only Spanish at home and with their peers so desperately need the opportunity to practice speaking English, as well as to receive individual support and encouragement with their class work from our volunteers.

Last year over 35 dedicated M-A parents and local community members tutored in ESL classes and/or at the after-school homework program. A huge thank you goes out to all of those tutors from us, the teachers and the school administration, for their generous gift of time and energy. Most tutors volunteer for one period weekly. Spending an hour or two each week can really make a difference to the success of our ESL students and is a fantastic opportunity for parents to get involved at M-A in a very constructive and rewarding way, (we welcome Freshman parents seeking a different way to get involved at their new high school.) Prior tutoring experience is not necessary, nor is familiarity with a second language. With the "No Child Left Behind" policy on literacy and M-A's additional support classes, most tutors will focus on reading, writing, vocabulary and conversation.

For 2007/08 we plan to begin recruitment in August for September placements and will contact everyone on the mailing list with more detailed information from the ESL teachers at the start of school. Please send us an e-mail if you are able to contribute a small amount of time on a regular basis for this very important and worthwhile program.

### All Freshman Families!

Mark your calendar for Friday Sept. 7, 2007.

The 4th annual Freshman Family Welcome dinner will be held on the M-A campus 5:45p.m.-7p.m.

Watch for the August Trivocis for more detailed information.

*Patty Burch, M-A PTA parent*

## Freshman Challenge Day

October 29 & 30, 2007

First Call for volunteers

**GREAT OPPORTUNITY FOR NEW FRESHMEN PARENTS TO GET INVOLVED AT M-A!**

Challenge Day is coming to M-A for the fourth year in a row! The event is sponsored by the M-A PTA with full support from our new principal, Matthew Zito and his administrative team who has offered guidance and support to M-A 9th grade Challenge Day from the very beginning. The entire freshman class of 2011 will participate in an event of a lifetime. At the end of each day, our hope is that the students will not only have bonded as a class, but also that the walls of separation will have been torn down inspiring the students to live, study, and work in an environment of compassion, acceptance, and respect.

Since 1987, the Challenge Day programs have touched the lives of close to half-a-million teens and adults nationwide. In fact, The Challenge Day Program was featured on the Oprah show earlier this year and was also featured in the book Chicken Soup for the Teenage Soul and the Emmy Award-winning documentary Teen Files: Surviving High School.

Challenge Day is a powerful, high-energy program in which youth and adult participants are guided through a series of experiential learning activities. The overall goals of the program are to increase personal power and self-esteem, to shift dangerous peer pressure to positive peer support and to eliminate the acceptability of teasing, violence and all forms of oppression. The Challenge Day programs are designed to unite the members of the school and to empower them to carry the themes of the program back to the greater school population.

Adult participation is crucial to the success of these two days! The freshman class will be divided into two groups, so we are looking for 120 adult volunteers to help with this event, about 60 per day. Your time commitment will be either Monday, October 29 or Tuesday, October 30. Volunteer positions include small group leader for 5-6 students (7:15 am-3:00 pm) or registration help (6:50 am - 8:15 am) or lunch server (10:00 am - 12:00 noon). As you are making your volunteer plans this summer for the school year, please take time to consider making a real difference in the lives of teens at M-A in this awesome way. To volunteer for any of these positions, please send an email this summer to: Betsy Bowersox, Coordinator, Challenge Day 2007, at betbowe@earthlink.net.

## Got Sleep?

Our sleep survey results are in! We surveyed the student body this spring before and after Stanford students gave teen sleep presentations in all classes. Here are some highlights!

**M-A Average Total Sleep Time: Weekdays - 7.5 hours, Weekends - 9.3 hours**

**Average Teen Sleep Requirement: 9.25 hours per night**

**M-A Average Cumulative Sleep Debt: 8.6 hours per week**

### What Keeps Students up at Night?

- Homework: 41%
- TV/Video games/Computer: 21%
- Phone/IM: 17%
- Family/Jobs: 9%
- Sports/Athletics: 7%

### Sleep Attitudes

- Agree more sleep would be nice but other priorities are higher: 74%
- Believe lack of sleep negatively affects performance: academic 71%, athletic 66%
- Think it's OK to drive drowsy: 17%

### Feedback on Sleep Presentations

- Likely to do something different based on the education: 83%
- Want more information on sleep tips and sleep and performance: 64%
- Best way to get more information: presentations 43%, biology or health class 29%

### Next steps outlined at our meeting April 18:

- Plan next year to educate all freshmen with sleep presentations and explore ideas for future years (e.g. upper-class students teach freshmen for extra credit in appropriate science classes)
- Explore developing sleep education targeted to grade level (drowsy driving etc.) and programs involving students in sleep-a-thons, extra credit for sleep etc.
- Develop proposals for incremental changes moving toward later school start times and testing schedules
- Website development students will build an M-A sleep website with sleep survey results and more!

Join us to help make these ambitious plans a reality! Our Sleep Program Committee offers exciting opportunities to improve the health and wellbeing of our students. Contact: Kay O'Neill (kayoneill@mindspring.com) or Eileen Van Rheenen (eileen@vanr.org)

## M-A's SOS: Stressed-Out Students Task Force at Work,

*By Charlene Margot, M-A Parent*

The M-A SOS Task Force joined returning Bay Area middle and high schools at the recent Stanford SOS: Stressed-Out Students Conference held May 11-12 at Stanford University. Under the direction of founder Dr. Denise Clark Pope, the SOS Conference is now in its third year focusing on ways to improve student mental and physical health, engagement in school, and academic and personal integrity in the school community. As interest in the SOS: Stressed-Out Students project continues to grow, M-A will be joined this year by representative high schools from across the nation.

The goal of Dr. Pope's SOS project is to implement strategies and activities within a school and community that can help reduce student stress, while encouraging learning that is active, relevant, and based on students' individual learning needs. To establish important baseline data, the Stanford SOS project has created a survey to measure students' response to questions about their experiences at school and home. Questions focus on academic and personal stress, academic integrity, parental expectations, and physical and emotional health (sleep, eating habits, etc.). To participate in the Stanford SOS survey, students and parents are required to submit signed permission slips.

With the approval of SDMSC, M-A's SOS Task Force plans to administer the Stanford SOS: Stressed-Out Students survey to all Menlo-Atherton students on September 25th. Look for permission slips in your fall packet or at Arena Check-in! Note that Stanford will need permission from both students and parents for them to participate in this important survey of students' opinions on stress. Following the survey, Stanford University will present Menlo-Atherton with an analysis of our students' data, to be presented at a parent education night in the spring of 2008.

In addition, the Parent Summit Committee has been working this year to create a structure for providing health and wellness information to students and their family. Under the direction of Outreach coordinator Geri Nicholas and vice-principal Matt Zito, the Summit group has worked on ways to implement the SOS survey and set up a new "M-A Speaker Series" to highlight issues of student health and well-being. A new PTA Parent Education Committee, to be chaired by Charlene Margot and Darcy Prime, will work to provide a slate of speakers for 2007-08 to address student stress, sleep issues, drugs/alcohol awareness, and other health-related topics.

## M-A Ensembles Strike Gold at State!

By Mary Hom, M-A Band Booster Chair, [tream5@juno.com](mailto:tream5@juno.com)

**Congratulations** to our Soloist and Ensembles who competed in the State Solo-Ensemble CMEA Competition held at Sacramento State University May 12<sup>th</sup>. The three M-A groups entered were Tom Ivy-Clarinet Soloist, Tom Ivy and Philip Arcuni-Clarinet Duet and Tom Ivy, Philip Arcuni, Jenna Fejervary and Emiko Moriarty-Clarinet Quartet. Tom Ivy received a Gold Command Performance Award for his solo, Tom and Philip received a Gold Command Performance Award for their duet, and the Quartet received a Silver Award for their performance. All 187 groups at State CMEA qualified by getting superior ratings at the local festivals, and out of 187, only 30 groups received Gold Command Performance Awards.

**Congratulations** to the Advanced Jazz Band, who took second place at last month's internationally renowned Reno Jazz Festival, competing against 20 other very fine bands in the A Division (school size 1500-1999).

They were one of 3 bands with unanimous superior rating. It should be noted that M-A has not had a band place in the top three since 2000.

Outstanding Musicianship Awards were given to soloists Hale Baskin, Robbie Eaton, Brian Reich, and David Rust.

M-A bands performed at Kepler's *Magic of Reading Day* to support Belle Haven Library, and as Trivocis goes to print, we will have held the final concert of the year in the J-Building on May 22nd. 34 seniors who have been in M-A's music department for 4 years will also be honored and missed, and Senior Awards announced.

The Concert Band and Intermediate Jazz Ensemble will attend an Ensenada Music Cruise Festival May 25-28, 2007. M-A's award winning Advanced Jazz Band will perform at the Nativity Carnival Saturday, June 9<sup>th</sup> before they leave on their European Tour June 26-July 12. They will perform in Paris and Vienne-France, Schwangau-Germany, Innsbruck-Austria, Florence-Italy, and end the tour with two performances at the Montreux Jazz Festival in Switzerland.

## Outreach

By Carson Rosenberg, student

It may look like just a bunch of kids munching on tasty treats every Monday at lunch, but Menlo-Atherton's Outreach club has been very busy this year.

They kicked off the year before school even started by collecting soccer gear for kids in San Miguel de Allende, Mexico. They helped the Menlo Park Fire Department staff their October Pancake Breakfast with the proceeds going to burn victims in the community. Then they jumped right into Project Backpack, the annual collection of clothing, toiletries, food, and other supplies that are then distributed in backpacks to the homeless in San Francisco. There was no time to rest as the students pushed on with the Holiday Gift drive: adopting Menlo-Atherton families who needed extra help bringing home gifts for the holidays. After break it was on to fundraisers for Darfur, Pennies for Leukemia, and Shamrocks for Muscular Dystrophy. The students continued

with projects that they had been working on all year such as tutoring at Willow Oaks school, Alex Child's building activity kits for child cancer patients, Art In Action, putting together art kits for the Menlo Park schools, and The Great American Smoke-Out Anti-Tobacco campaign. These and countless other projects have kept the students in Outreach busy all year. You'd think they take a break to rest before summer, but not a chance. They are ending up the year working to find and fund scholarships for female students in Kenya to attend high school.

Oh yes, it's been a busy year!

But Outreach has one last job to do before they hold their final meeting, and that is invite incoming eighth graders and whomever else to come and join in on the fun next year! Open for any students of any grade, with any amount of time to give. Outreach is all about making new friends and inspiring others to go out in their communities and make a difference. Come make a difference in your community and join Outreach next year!

Questions? Contact Geri Nicholas [gnichola@seq.org](mailto:gnichola@seq.org). x5020

Outreach Calendar (tentative)	
September:	6 -First Conflict Resolution Meeting
	10 First Outreach Meeting- every Monday-lunch
October:	1-Project Backpack Kick-off for collection
	3-4 Conflict Resolution Training 9:30/3:30
	6- Walk for Ben- 5pm Burgess Park
	TBA Selby School Mentoring
	10 MPFD Pancake Breakfast 7-12am
November:	5- Holiday Gift Kick-off for collection
	15 Great American Smoke-Out
	30- Project Backpack Delivery in SF 3-7pm
December:	7 Holiday Gift Pick-up and Delivery
	17 Outreach Teacher Appreciation
January:	14 Leukemia Pennies Project Kickoff
	17 Alex Child's Craft kits
	24 <sup>th</sup> (Sat.) Smoke Detector Installation
February:	Art In Action TBA
March:	Art In Action TBA
	27 Kick Butts Day
April:	Rebuilding Together last Saturday in April
May:	19th Outreach Party
	Teacher Appreciation



## Divorce

By Laurie Linscheid, MFT Adolescent Counseling Services On Campus Counseling Program

For many adolescents, the divorce of their parents is a terrifying thought and a vivid reality. Divorce means a loss of their home as they knew it. It may mean changes in financial situation - possibly a stay at home parent goes to work or both parents work more. It may mean having to relocate and leave schools, friends and neighborhoods that they love behind. And it may mean dealing with parents' unpleasant feelings toward one another.

Because they are experiencing so much change, typical responses of adolescents dealing with divorce include feelings of grief, loss, and anger. They may blame themselves or consider ways they could have prevented the divorce. They may feel abandonment, blame one parent or feel protective of the other. They may worry about financial issues, have doubts about their own future relationships, or find themselves taking on parental roles in the absence of one parent. They also may start having difficulty academically or acting out at home.

Parents, while often well intentioned, may be consumed by the details of the divorce and the changes they personally are experiencing. They may respond by being overly permissive, perhaps to overcompensate for the hardship their children are experiencing. They may change the way they relate to their child by wanting them around more, may begin confiding in them as a friend, or giving them more responsibilities.

What can be the most crucial in helping an adolescent to cope with divorce is for both parents to be aware of their behavior and how it affects their children. While there are often negative feelings toward the former spouse, parents must understand that sharing these feelings with their children is not helpful. Although some teens may feel entitled to know all the details or feel important or close to their parent when confided in, doing so will often confuse the teen or make them feel forced to choose a side.

Co-parenting is often one of the greatest stumbling blocks that divorcing parents encounter. Parents must communicate directly with one another, rather than through their children, to maintain consistency and provide the structure that their teens desperately need. It is also important to continue to make decisions together as they would have when they lived together. Teens who recognize that their parents may not communicate may learn to manipulate or "split" their parents in an attempt to get something they want.

Following are a few helpful tips for divorcing parents of adolescents:

- Encourage your teens to continue spending time with friends or participating in normal activities. With the amount of change occurring in their lives, make an effort to have some things remain the same.
- Don't avoid important events because your former spouse will be there. Your teen needs both of you.
- Keep in touch with your teen when he or she is with the other parent.
- Allow your teen to relate to the other parent without acting jealous, hurt or mad.
- Encourage discussion about how your teen is feeling without showing defensiveness or anger.

It may be comforting to know that as time passes, feelings of anger and negative behavior will likely begin to diminish. And, like with any difficulty, parental divorce can result in some positive outcomes for your teen, including increased capacity for independence, dedication to personal goals, and resilience to change.

If your child is having difficulty adjusting to divorce, ACS is available to help. ACS currently has therapists on six secondary school campuses willing to help with this difficult adjustment.

*Adolescent Counseling Services is a community non-profit, which provides vital counseling services on six secondary school campuses at no charge to students and their families. To learn more about ACS, please visit our website at [www.acs-teens.org](http://www.acs-teens.org) or contact Liz Schoeben @ Menlo Atherton High School @ (650) 322-5311 X5186. ACS relies on the generosity of community members to continue offering individual, family and group counseling to over 1,500 individuals annually, helping teens find their way! ACS provides critical interventions and mental health services, building a better future for tomorrow.*

# Menlo-Atherton High School 2007-2008



## IMPORTANT DATES FOR THE OPENING OF THE '07-'08 SCHOOL YEAR

*Tuesday, August 21 8:00am-*

*Noon - Freshmen Orientation*

*Please meet in the GYM (Ringwood Ave)*



## 2007 ALL-SCHOOL ARENA CHECK-IN \* MANDATORY FOR STUDENTS

*II A parent or guardian should accompany students (for signatures, fees, permission slips, volunteer opportunities, etc)*

### Thursday, August 16, 2007

#### Freshman/Seniors

2:00 – A/B	2:30 – C/D	3:00 – E/F	3:30 – G/H
4:00 – I/J/K	4:30 – L/M	5:00 – N/O/P/Q	5:30 – R/S
6:00 – T/U	6:30 – V/W/X/Y/Z		

### Friday, August 17, 2007

#### Sophomores

8:00 am – A – E	8:30 am – F – L	9:00 am – M – R	9:30 am – S – Z
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#### Juniors

10:00 am – A – E	10:30 am – F – L	11:00 am – M – R	11:30 am – S – T
12:00 pm – U/V/W	12:30 pm – X/Y/Z		

## Thursday, August 23, 2007 First Day of School

## Trivocis Calendar June 2007

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28 Memorial Day, No School  Dead Week through June 1st	29	30 SDMSC old & new, 8am  Yearbooks, Lunch, pre-orders Seniors only; After school pre-orders, J-Bldg  School Board Mtg, 5:30pm, Dist ofc	31 PTA mtg, 8:45am, J-Bldg  Yearbooks, Lunch and after school, all students pre-orders, J-Bldg	1 Yearbooks, lunch and after school for all students for pre- orders, J-Bldg  Yearbooks on sale \$80 Cash only no checks	2 SAT test
4 Special Schedule+7 Per Final Exam  Senior Farewell. 6- 9pm, J-Bldg  Final, 7th period  Foundation for the Future Board Mtg  Finals	5 Senior Picnic, 8am- 1:30pm, Huddart  Park via school transportation  Senior Awards Night, 7:30, J-Bldg	6 Senior Breakfast 9:15-10am  Graduation Practice, 10:15am-12:30pm	7 Graduation Practice, 10:15am-12:30pm  Graduates arrive for graduation, 2pm, Ayers Gym  Graduation, 4pm, Football Field  Grad Night Event, 8pm, J-Bldg  Last Day of School	8 Grad night event ends, 8am  Library open M-F, 8am-2:30, through June 29, reopens August 1	9 Advanced Jazz Band at Nativity Carnival  Athletic physicals, 9-11 am, BAK Physical Therapy
11	12 Summer School Session #1 begins	13	14	15	16

Future	
June 21	Coach Parks induction into San Mateo County Sports Hall of Fame
June 26-July 12	Advanced Jazz Band European Tour
June 29	M-A library closes until August 1
July 9	Summer School Session #2 begins
August 13	Athletics – Fall sports practices start
August 16-17	<b>Arena Check-In</b>
August 21	Freshman Parent Coffee, 8 AM, J-Bldg
August 23	First day of school

For other future events, see:  
[www.mabears.org](http://www.mabears.org)  
[Calendars and Events](#) from left menu

Submit calendar events for Fall 2007 to:  
 Laura Rich [linkmarkr@mac.com](mailto:linkmarkr@mac.com)

Finals Schedule			
Monday, June 4			
Period 1	7:50 - 8:30		
Period 2	8:35 - 9:15		
Period 3	9:20 - 10:00		
Period 4	10:05 - 10:45		
Period 5	10:50 - 11:30		
Lunch	11:30 - 12:10		
Period 6	12:15 - 12:55		
Period 7	1:00 - 3:00 (Final)		
For Tuesday through Thursday, June. 5-7, the schedule will be:			
	Tues.	Wed.	Thurs.
8:00 - 10:00	Period 1	Period 3	Period 5
10:00 - 10:10	Brunch	Brunch	Brunch
10:15 - 12:15	Period 2	Period 4	Period 6

## YEARBOOK

By *Ellen Jacobson*

I just want the M-A community to know that this is my last year as yearbook advisor. I have had a great time helping the students put together a great yearbook for the past six years. Each year, the students have done an incredible job. I know the students will keep up the excellent work.

I have included information about distribution for the 2007 yearbook as well as information for the class of 2008 regarding their senior portraits. Good luck!

### ***Yearbook distribution in J Bldg:***

May 30 yearbook distribution for pre-ordered books at lunch for Seniors only, after school-school for pre-ordered books.

May 31 yearbook distribution at lunch and after school for all students who have pre-ordered a book.

June 1st at lunch and after school yearbook distribution for all student who have pre-ordered a yearbook

Yearbooks will be on sale on June 1st, not any earlier for \$80. CASH only. NO CHECKS!

Parents please inform your student if you purchased a yearbook for them. Many times students do not realize that they have a yearbook waiting for them. If yearbooks are not picked up by June 8th, we will not guarantee a book nor will we give a refund.



Senior Breakfast!!!

Attention Graduating seniors  
PTA sponsored FREE breakfast  
Wednesday, June 6

In the J-Bldg

8:30-10:00

Bring your yearbooks and an appetite!

### ***Attention Parents of the Class of 2008:***

Senior portraits will be taken during the summer. The senior portraits will take place from July 16th to July 20th. Prestige Portraits will mail out appointments 2-3 weeks in advance, to schedule your own appointment call 650-367-4033

If you know you will be out of town, please contact Prestige to make an appointment that works for you during the summer. You want to make sure you get your senior portrait done by the end of Sept. to guarantee that you can pick one of the yearbook poses and it gets to the staff on time.

Have a great summer and the yearbook class hopes you enjoy the 2007 Yearbook!

Menlo-Atherton High School PTA  
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### **TRIVOCIS**

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Send article submissions to: [kim@kimcarlisle.com](mailto:kim@kimcarlisle.com)  
Send calendar entries to: [linkmarkr@mac.com](mailto:linkmarkr@mac.com)

Next submission deadline – August 13, 2007  
Next mailing date – August 23, 2007

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One issue to each Menlo-Atherton High School family.  
For divorced parents, one to each household.