

**Menlo Atherton High School PTA  
General Board Meeting  
October 12, 2010**

(Subject to Approval at the December M-A PTA General Meeting)

**Board Members Present:** Jill Morgan, Jan Reed, Amy Boyle, Carol Orton, Kathy Oppenheimer, Stephanie Nisbet, John McMurtry, Jill Zanolli, Lisa McNamara and Cathy Carlson.

**Opening:** Carol Orton called the meeting to order at 7:10pm, in the PAC cafeteria. 29 members were present.

**Motions:**

*Motion to approve the minutes of the August 31, 2010 M-A PTA General Board Meeting/Amy Boyle/Jill Morgan/Unanimous*

*Motion to approve an addition to the 2010-2011 PTA Budget in the amount of \$2,500 to cover late submission of prior year expenditures/Lisa McNamara/Kathy Oppenheimer/Unanimous*

*Motion to Approve the Audit Report dated July 31, 2010/Lisa McNamara/Amy Boyle/ Unanimous*

*Motion to Approve the Essential Changes to the Bylaws/Stephanie Nisbet/John McMurtry/Unanimous*

*Motion to Approve the Fall Mini-Grants in the Amount of \$18,592.59/Roger Macfarlane/Jill Morgan/Unanimous*

**A. New Business:**

Treasurer's Report/ Jan Reed

- Current deficit spend is \$21,000 versus \$33,000 in budget, mainly due to two factors: 1) higher than anticipated donations by approximately \$8,000; and 2) a reduction in the cost of the student planners in the amount of \$4,500 due to a delay in printing.
- An amount of \$2,500 was added to accommodate late submission of prior year expenditures.

Audit Report/Kristin Smith

- All amounts for last year match to the penny in all accounts.

Bylaw Revisions/Lisa McNamara

Significant adjustments to the 2008 bylaws are, as follows:

- Increase of annual membership dues from \$7-\$10;
- For continuity the position of financial secretary has been added, so that after one year the position becomes treasurer; and
- Elimination of two PTA meetings (November meeting due to Challenge Day and January meeting due to low attendance and no critical issues at that time). With the reduction in the number of meetings, the State PTA is requiring that the amount of unbudgeted expenditures that the executive board can authorize between general meetings be increased from \$500 to \$750.

Mini-grant Vote/Kristin Smith

- Twenty-three mini-grants in the amount of \$18,592.59 were approved out of a maximum Fall mini-grant budget of \$20,000. The total mini-grant budget for the year is \$30,000.

**B. Committee Reports:**

Fashion Show/ Jill Smith and Suzanne Amato:

- Save March 5, 2011 for the Fashion Show. There will again be three performances.
- The committee would like to spread the word that this is the "PTA" Fashion Show and not the "Senior" Fashion Show; they are looking for volunteers from all classes! The volunteer coordinators are Kate Mulligan and Linda Fornaciari.
- Two major positions are still available: 1) Photographer; and 2) chair of the children of the teachers portion of the luncheon performance.

- The committee is actively looking for underwriters and advertisers for the full color program.

Parent Education/ Charlene Margot:

- Hoping to provide online access to Dr. Ken Ginsberg's October 4th presentation on resilience.
- November 4<sup>th</sup> Sargent Leo Capovilla of the San Mateo Narcotics Task Force will be in the M-A Library (note: change in venue). No children are allowed to attend this event. Please RSVP.
- November 30<sup>th</sup> the Teen Truth Live documentary will be presented for parent viewing in the PAC. This documentary on the affects of teen bullying will be shown to the entire student body the week before.

8th Grade Information Night/ Kathy Oppenheimer:

- PTA is adding a daytime event for parents and students that includes student lead tours of the campus on Saturday, November 6th.
- The main information night will be Wednesday, November 10th. 600 people are expected. There will be a new stop in the PAC Lobby for a talk with Matthew Zito. An all Spanish speaking group will be available as well.
- Events will be publicized w/ fliers and ads to the 12-14 feeder schools. Sophia Kalamares is also taking on an intensive outreach to Caesar Chavez School.

Directory/ Stephanie Nisbet:

- Expected to be distributed in Social Studies classes next week. The new and improved directory includes, student name, grade, home phone, parent names and e-mail addresses.

**C. Speakers:**

Behavior Change and Climate Change/ Julia Sommer, Jenny Chute, Missy Lees and Dr. June Flora:

- Twelve student members of the club teach curriculum to freshman science classes in five comprehensive lessons: Science, Transportation, Energy, Food and Wrap-up. The mission of the curriculum is to educate, teach change, and facilitate change with resources, such as behavior kits. The group is planning to teach 200 students this year.
- A behavior change kit is included in the education that includes a power strip, reusable water bottles, reusable bag and helpful information for the family; these kits are funded as part of the mini-grant program. Additional mini-grant funding is provided to the group as well.

Teen Sleep Research/ Dr. Jerry Hester and Maggie Betsock:

- The adolescent mechanism requires 9-10 hours of sleep a night, preferably from 11pm-8am. This has to do with circadian rhythm. If this is not achieved it will significantly impact student safety, development, intelligence and athleticism. For example, over a ten year period 17,000 students were studied in Minneapolis where school times were moved later and marked improvement was seen in all these areas and specifically teenaged accidents were down 16-17% where for the same period in the State of Minnesota they were up 8%. Bottom line 'more sleep...more success'.
- The Teen Sleep Program has been at M-A for five years and won two awards. The program collaborates with William Dement and Stanford's Adolescent Sleep and Dreams Class to provide a 45 minute education in February to M-A students in their Social Studies classes. Pre and post surveys show improvement in students awareness of sleep issues and behavior.

**Upcoming Events:**

- SDMSC Meetings - October 21st and November 18th @ 4:30pm in Staff Center
- Challenge Day Training - October 28th @ 7:00pm in PAC Cafeteria
- Parent Education Events:       Teens & Drugs - November 4th @ 7:00pm in Library  
  Teen Truth Live - November 30th @ 7:00pm in PAC
- Next PTA Meeting - December 7th @ 8:30am in PAC Cafeteria

***Meeting adjourned at 8:17pm***

Respectfully submitted,

Cathy Carlson

M-A PTA Secretary

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