



# MENLO-ATHERTON HIGH SCHOOL BEARNOTES

PUBLISHED BY M-A PTA

AUGUST 10, 2009

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Trivocis

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**Know someone who could**

## CALENDAR

### UPCOMING EVENTS

- **Tuesday, August 11** - extra Arena Check-In forms available in office
- **Wednesday, August 12** - Arena Check-In, Freshmen and Seniors, 1 - 5:30 p.m., New Gym
- **Wednesday, August 12** - Freshman Tours, immediately after completing Check-In, Soccer Field (note change: this is a **TOUR**, see August 17 for Orientation)
- **Thursday, August 13** - Arena Check-In, Sophomores and Juniors, 8:00 a.m. - 12:30 p.m., New Gym
- **Friday, August 14** - M-A Football Arena Check-In ([see article](#))

### SAVE THE DATE

- **Monday, August 17** - Freshman Orientation, 8 - 9 a.m., Ayers Gym
- **Wednesday, August 19** - First Day of Instruction. Class Schedule Distribution, 7 a.m., New Gym
- **Tuesday, September 1** - PTA General Meeting, 8:30 - 10:30 a.m.
- **Monday, September 7** - Labor Day Holiday, no school
- **Thursday, September 10** - Back to School Night, 7 p.m.
- **Friday, September 11** - Trivocis submission deadline
- **Saturday, September 12** - M-A Boys Golf Classic Tournament fundraiser, 9 a.m. ([see article](#))

The 2009-2010 District Calendar is available [here](#).

## BEARNOTES - REMINDER ON PUBLICATION INFORMATION

It's a new year and with that a whole new audience for BearNotes! Here are a couple of tips for publication.

To submit articles for BearNotes, please send them to

**use BearNotes? Forward this newsletter to them so that they can sign up using the button below.**

### **Not Getting BearNotes?**

[bearnotes@mabearspta.org](mailto:bearnotes@mabearspta.org) by midnight on the Thursday prior to publication. Even if you know the editors, please do not send submissions to private email addresses. Indicate the subject matter in the message header. Generally, articles are run no more than twice and we recommend early lead time with a week's space between messages. Keep messages as concise as possible.

For regular publication, student achievements are published which are directly connected to school activities. Twice a year (before winter break and summer break) we will publish student and staff's outside achievements. The PTA reserves the right to edit articles and does not endorse third party events or submissions. Finally, we cannot publish attachments. For events which require a lot of information, we suggest publication of a flyer on a website to which the article is linked.

Looking forward to a great year!

Your BearNotes Team,

Julie Brody, Rosalie Cornew and Kris De Lisle

## **PTA**



### **CALLING ALL M-A VOLUNTEERS!**

#### **Arena Check-In**

If you have a few hours to spare on **Thursday, August 13**, please **help at Arena Check-In**. There are 2 shifts which need several more volunteers: Shift 1 runs from 7:30 - 10:30 a.m. and Shift 2 runs from 10:15 a.m. - 1:30 p.m. No experience necessary - training will be provided on the spot. For questions or to sign-up, please contact Gloria Principe or Lee Ann Yasukawa at [adminsupport@mabearspta.org](mailto:adminsupport@mabearspta.org).

#### **Welcome Back Staff Breakfast**

Please help us welcome back our wonderful staff at the PTA-sponsored Welcome Back Staff Breakfast on Tuesday, August 18. We would love your **help setting up from 6:30 - 7:30 a.m.** and **servicing from 7:30 - 10 a.m.** Please contact Lisa Major at [lisamajor@earthlink.net](mailto:lisamajor@earthlink.net) or (650) 364-2094 if you can help! Thank you!

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**SENIORS:** Only 295 days till **Grad Night**, a safe and sober all-night party for the Class of 2010. The fun begins after the graduation ceremony, at 9:30 p.m., June 3, and will continue until dawn

-- all in a secret location! Tickets are \$75, with scholarships available. Stop by the Grad Night table at Arena Check-In to get all the details, and sign up. For more information, contact Denise Barnett or Stacy Fredericksen at [gradnight2010@mabearspta.org](mailto:gradnight2010@mabearspta.org).

### **COMPUTER ASSISTANCE PROGRAM**

Do you need help? Can you help provide used computer equipment? The M-A PTA wants to make sure that every M-A student has access to a working computer at home. If you (or your office) has spare equipment, working or not, please contact us. If your computer at home has a virus or doesn't work, if you are missing essential software, or if there is no computer at your house, contact us and we can help you at no cost. Contact Sue Kayton, [kayton@alum.mit.edu](mailto:kayton@alum.mit.edu), or phone (650) 853-1711. We securely erase all data off the drives of donated computers, and can provide a receipt for tax write-offs.

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## **ADMINISTRATION**

### **ARENA CHECK-IN**

All forms will be mailed late July and available in Administration Office on August 11 - students must bring all completed paperwork to Arena Check-In. If you have questions, please contact the office at (650) 322-5311

### **DROP-OFF INFORMATION**

Note that as a result of construction, the school entrance is temporarily on Ringwood by the tennis courts.

### **BEAR PRIDE FRIDAYS**

Who wears maroon and gold, screams for their teams and supports the best school around? Yep, it is the Menlo-Atherton Bears!!! Join us this year as we continue to build upon our vibrant and enthusiastic school spirit by wearing maroon and gold or Bear Wear EVERY Friday. Of course, we invite all students, staff, and family members to wear Bear Wear if on campus on Fridays. We want to see a sea of maroon and gold EVERY Friday! We will hold events for people showing their Bear Pride and host giveaways to encourage people to share in the fun. Don't be left out!

**Bear Wear may be purchased at Arena Check-In**, at lunch and at special events in the Student Store or on-line at <https://www.prepsportswear.com/>. We earn 10% of each sale made from on-line sales. M-A, YOU KNOW!!! GO BEARS!!!

### **WELCOME BACK DANCE**

Our Welcome Back Dance will be held on Friday, September 25 from 7 to 10 p.m. outside on the Green. Tickets will be for sale at Arena Check-In for the special price of \$5. All students will need their 09-10 student ID to purchase tickets. Once school begins, tickets will cost \$10. **We will not be selling tickets at the door** so it is really important for students to purchase their tickets by the end of lunch on Friday, September 25.

### **WELCOME TO M-A CLASS OF 2013**

Freshman Transition Peer Leaders from the 10th, 11th and 12th grades are ready to welcome

and guide the new class of 2013! At M-A, we have developed a culture of support and guidance from upperclassmen to our newest Bears. See you for a great first day at M-A. And, don't miss the 6th Annual Freshman Family Welcome on Friday, September 25 from 6 - 7 p.m.!

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## COMMUNITY

### SAVE THE 295 BUS

The 295 bus route is slated for REDUCTION by SamTrans. If you or your M-A students ever use or will use the 295 bus, please let SamTrans know that this bus is important for M-A families. Please send email to [changes@samtrans.org](mailto:changes@samtrans.org) as soon as you can, and in any case BEFORE August 12, the date of the public hearing. For more information, see the August 5, 2009 Almanac edition (p.5) [available online at:

[http://www.almanacnews.com/morguepdf/2009/2009\\_08\\_05.alm.section1.pdf](http://www.almanacnews.com/morguepdf/2009/2009_08_05.alm.section1.pdf)

and SamTrans' website

[http://samtrans.org/pdf/SamTrans\\_Proposed\\_Service\\_and\\_Fare\\_Changes\\_2009.pdf](http://samtrans.org/pdf/SamTrans_Proposed_Service_and_Fare_Changes_2009.pdf) (page 7 lists the routes to be discontinued).

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## FOUNDATION FOR THE FUTURE



### ATTENTION ALL INCOMING FRESHMAN FAMILIES!

#### Freshman Parent Coffee

Please join us for a parent coffee on the morning of Freshman orientation. Meet M-A principal, Matthew Zito and learn more about M-A! The event is Monday, August 17, 8 - 9 a.m. in the Staff Lounge Courtyard. Drop your freshman off and join us for a cup of coffee and pastries. Sponsored by M-A's Foundation for the Future. Contact Charlene Cogan with any questions at [ccogan@apr.com](mailto:ccogan@apr.com).

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## BAND NEWS

**ADVANCED JAZZ BAND REHEARSALS** the final summer rehearsal date is Monday, August 17 (no rehearsal Monday, August 10); location in Room S-1.

**FALL BIG BAND DANCE and NEW BAND CALENDAR 2009-2010.** The tentative new band calendar is already out. Please check our website [www.mabandboosters.org/](http://www.mabandboosters.org/).

Because of the spring date for PTA Fashion Show, M-A's Swing and Sway Big Band Dance band fund raiser will be held in the fall, **Friday, October 30**, from 8 - 11:30 p.m.

**NEW BAND CHAIR 2009-2010.** Please welcome our new Band Booster Chair, Laura Hale at [laurabethp@aol.com](mailto:laurabethp@aol.com).

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## ATHLETICS



**DON'T MISS IT! The 5th Annual M-A Boys Golf Classic Tournament** - Saturday, September 12! The M-A Boys Champion Golf Team invites you to join us in a great day of golf and our only fundraiser to support our team for the 2009-2010 season. 9 a.m. shotgun start golf tournament hosted at Coyote Creek Golf Club. BBQ, raffle, prizes and celebration to follow on the patio. **Register and pay by Thursday, August 13** to take advantage of Early Bird pricing of \$170, \$195 after August 13. Price includes all fees, cart, water, prizes, range balls and BBQ. Contact Jackie Anderson with any questions or to register at [jackie\\_anderson99@yahoo.com](mailto:jackie_anderson99@yahoo.com) or (650) 544-6510. This tournament is open to all level of players.

**M-A FOOTBALL ARENA CHECK-IN** is on **Friday, August 14 at 5 p.m.** Students interested in playing football this season should complete the Athletic Clearance Packet prior to Football Arena Check and parents should accompany players so all additional football forms can be completed. Come and join the current CCS Championship M-A Bears Football Team! Questions? Contact Coach Tony Rosso at [TonyRRosso@yahoo.com](mailto:TonyRRosso@yahoo.com) or Susan Mohr at [SMDMohr@aol.com](mailto:SMDMohr@aol.com).

**PRE SPORT PHYSICALS.** Thursday August 13 and Tuesday August 18, 6 p.m. - 7:30 p.m. No appointments needed, first come, first served! Physicals are \$20.00 payable with cash, check, or credit card. Physicals will be held at BAK Physical Therapy, 705 Oak Grove Avenue, Menlo Park, CA 94025. For questions, call (650) 363-5674.

**SEE YOUR NAME ON COACH PARKS FIELD!** A new scoreboard has been purchased that will time and score for football, lacrosse, soccer and track. Any family who donates \$250 or more to help off-set this expense, will get their name on a large banner that will be attached to the new scoreboard. Please let Mark Culhane at [mark.culhane@demandtec.com](mailto:mark.culhane@demandtec.com) know if you are interested in offering your support!!

**NEW BOOSTERS' CO-CHAIRS.** Athletic Boosters is pleased to announce that Di Gow and Beth Henninger have stepped up to co-chair our organization for the 2009-2010 school year Thank you to these dedicated volunteers for taking on these roles that are so important to the ongoing viability of our athletic program. We are still in need of leaders for our favorite event...**The Big Bear Run**, slated for May 2, 2010. If you're interested in leading a fantastic community event, please contact Di Gow at [dianegow@crimson-consulting.com](mailto:dianegow@crimson-consulting.com). Thank you and Happy Summer to all!

**VOLLEYBALL TRYOUTS!**

Varsity volleyball tryouts will be held on Friday, August 14 at 3:30 p.m. and Saturday, August 15 at 10 a.m. in Ayers Gym. Frosh/Soph tryouts will be held on Thursday, August 19 and Friday, August 20 at 3:30 p.m. in Ayers Gym. Questions? Please contact Dianna Branning at [dianna.branning@sbcglobal.net](mailto:dianna.branning@sbcglobal.net).

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#### **BEARNOTES SUBMISSION INFORMATION**

- Email submissions to [your BearNotes Team](#) by Thursday midnight, spellcheck/proofread them first, and format them in Arial 10 pt.
- Please keep submissions **concise**, and include the organization name, event, date, time, location, and contact info, including web site URL.
- All submissions are subject to editing by the PTA.
- For the PTA policy on BearNotes publication, please go to the [M-A PTA web site](#).

Menlo-Atherton PTA does not endorse third-party events or submissions, nor take responsibility regarding the content of any third-party websites.

#### **Go Bears. Grrrr!**

Your BearNotes Team,  
Julie Brody, Rosalie Cornew, Kris De Lisle  
M-A High School PTA BearNotes