

# MENLO-ATHERTON HIGH SCHOOL BEARNOTES

PUBLISHED BY M-A PTA

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## QUICK WEB LINKS

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**Not Getting  
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## CALENDAR

### UPCOMING EVENTS

- **Monday, April 20** - Mandatory Senior Meeting (see [article](#))
- **Thursday, April 23** - Junior Parent Information Night, 7 - 8 p.m., Library (see [article](#))
- **Saturday, April 25** - 3rd Annual America's Pastime Carshow, 8 a.m. - 3 p.m., M-A field (see [article](#))
- **Sunday, April 26** - Tennis Bear-a-Thon, Stanford University Varsity Tennis Courts from 2 - 8 p.m. (see [article](#))

### SAVE THE DATE

- **Monday, April 27, Wednesday, April 29 and Friday, May 1** - Grad Night Reservations - at lunch on the green
- **Tuesday, April 28** - PTA General Meeting, 8:30 - 10:30 a.m., Wrestling Room or old Dance Studio
- **Friday, May 1** - Star Testing Schedule Ends
- **Friday, May 1** - Last day to drop a class - see Guidance Counselor
- **Sunday, May 3** - 9 to 11 a.m., Big Bear Run, meet at T-Lot
- **Tuesday, May 5** - Minimum Day (Note Day Correction)
- **Sunday, May 17** - Jazz Band Fundraiser, 5 - 7 p.m., Stanford Golf Clubhouse (see [article](#))
- **Thursday, June 4** - M-A GRADUATION! - 4 p.m., Coach Parks Field

## STAR TESTING VOLUNTEERS NEEDED

**Parent volunteers still needed** to help with STAR test sorting! M-A's Administration really needs our help on Thursday, April 23 at 3 p.m. and 5 p.m., and Friday, April 24 at 2:30 p.m. and 4:30 p.m. If you can help with one or more of these shifts, please contact Kristin Smith at [kttsmith@yahoo.com](mailto:kttsmith@yahoo.com). We appreciate your support!

## ADMINISTRATION

**MANDATORY SENIOR MEETING.** All Seniors must attend the MANDATORY Senior Information Meeting on **Monday, April 20 from 9:00 - 9:40 a.m. in Ayers Gym.** Students will be receiving all of the very important information necessary to the end of the year activities. For more information, please contact Kelly Todd at [ktodd@seq.org](mailto:ktodd@seq.org). Many Senior forms will be posted on the school website upon our return from Spring Break on April 13.

**SUBJECT TEST CLASSES.** There is still room for the SAT Subject Test review sessions in Math, Literature, Biology, Chemistry and U.S. History. Send your son or daughter with their form to Mr. Whitnah's room (D20) any day at lunch this week if they still want to sign up. If your family no longer has a form, send an email to [gwhitnah@seq.org](mailto:gwhitnah@seq.org) asking for a form.

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## FOUNDATION FOR THE FUTURE



**M-A STILL NEEDS YOUR HELP!** Even with the great success of our online auction, "M-A on eBay," which raised \$90,000, the Foundation is still short \$110,000 to meet its funding commitments this year. Please help by donating now online at <http://www.mafoundation.org/donate.php>, or mail a check payable to "M-A Foundation for the Future" to P.O. Box 1228, Menlo Park, CA 94026. Many thanks to our auction donors and winners. If you purchased something, please check your email for closing information. Questions or comments are welcome! Please contact Michele Culhane or Trish Gump at [mafoundation@yahoo.com](mailto:mafoundation@yahoo.com).

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## PTA



**PTA Junior Parent Information Night.** Mark your calendars now for PTA Junior Parent Information Night, **Thursday, April 23, 2009**, 7 - 8 p.m., in the M-A Library. The 60-minute information-packed program presents the senior year at M-A and overview of the year to come. Guidance counselor Silvia Torres-Garza will review school and district completion requirements, have Q and A, and provide informative handouts. Understanding and anticipating the calendar of events will ease the stress of senior year and help keep your senior student on track. (This is NOT a planning for college forum, as Alice Kleeman is the acknowledged expert in this complicated area.) The meeting also highlights PTA-sponsored events such as the Fashion Show and Grad Night celebration. If you plan on attending, please RSVP to Julie Kleck or Stacy Fredericksen at [jparentmeeting@mabearspta.org](mailto:jparentmeeting@mabearspta.org)

**2008-09 M-A Parent Education Series: GOT NOTES?** If you attended the April 15 presentation, "Be Comfortable in Your Genes: Eating Disorders & Body Image," please send your notes to Charlene Margot, Parent Education Series Chair at [parenteducation@mabearspta.org](mailto:parenteducation@mabearspta.org). An article

on this excellent presentation by Dr. Pamela Carlton and Nan Dellheim will be presented in next month's Trivocis. Thank you!

**CALLING ALL PTA MEMBERS!** Come to the general PTA meeting on Tuesday, April 28, at 8:30 a.m. We will present the slate for the 2009-2010 PTA Executive Board. We will meet in either the wrestling room or the old dance studio. NOTE: The tour of the PAC has been POSTPONED - a new date has yet to be determined.

**Menlo-Atherton High School Principal's Student Service Award.** Do you know a student who is doing exceptional volunteer service in the greater community outside the walls of Menlo-Atherton? Encourage them to apply, or nominate them yourself, for the Principal's Student Service Award. The PTA-sponsored Menlo-Atherton Principal's Student Service Award is given to four students each from the 9th, 10th, and 11th grade classes who demonstrate a commitment to serving their community. The deadline for this nomination is **April 30, 2009**.

The Menlo Atherton High School Principal's Student Service Award will be presented at the May 26, 2009 PTA General Meeting. This is a self or staff nomination. Find the flyer on the link: <http://www.mabearspta.org/pdf/Student%20Service%20Award%20Application.pdf>. Nomination forms may also be obtained from Social Studies teachers.

**PTA NEEDS YOU!** The PTA Executive Board is looking for Co-VPs for 2009/2010 school year. This is a wonderful opportunity to get to know M-A, Principal Zito, and stay directly involved in your teen's world. Staff Appreciation would love additional volunteers - if you'd like to support our teachers and administration - this is a great chance to do so. Please contact Julie Brody at [julie@brodyfamily.net](mailto:julie@brodyfamily.net).

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## ACTIVITIES AND CLUBS

The **M-A Guitar II class** will have their Acoustic Spring Concert in C-16 on Friday, April 24 starting at 7:30 p.m. Come on by and listen to the outstanding talent in the M-A Guitar program. Suggested donation for admission is \$5.00 for adults and \$3.00 for students. There will be a "Name That Tune" contest that includes prizes for three lucky winners. Come on down and get with it. Contact Patrick Maier, [pmaier@seq.org](mailto:pmaier@seq.org) for more information.

**M-A BAND EVENT.** Want to catch some of that aloha spirit? Come enjoy fine jazz music and cocktails at Stanford Golf Clubhouse on Sunday, May 17, from 5 - 7 p.m., or treat your favorite jazz-loving teacher or spouse. Limited tickets are still available at \$50 per person for our band auction fundraiser. Please contact Mary Hom at [tream5@juno.com](mailto:tream5@juno.com) for more information.

**SENIORS: GRAD NIGHT 2009** is about 8 weeks away. REGISTER NOW! All registration forms, with payment, are due by Tuesday, May 12, 2009. Full or partial scholarships are available, see forms for information or contact Charlene Margot at [gradnightscholarships@mabearspta.org](mailto:gradnightscholarships@mabearspta.org) or at (650) 868-0590. Forms are available in the administration office. Remember to complete **both** sides of the form. Letters of confirmation/admission will be sent out in April and May. Check the list posted in Pride Hall to see who has already registered. Join in the fun and make this "One Enchanted Evening." Questions? Contact Julie Gaston at [gradnighttickets@mabearspta.org](mailto:gradnighttickets@mabearspta.org) or call (650) 324-2422.

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## IN THE COMMUNITY

## M-A TEAMS UP WITH MY NEW RED SHOES

"WALK IN THEIR SHOES", Sunday, April 26, 1 p.m., Washington Park, Burlingame. My New Red Shoes and its Teen Advocacy Council (TAC) proudly present a mile march event to support Bay Area homeless children. This large community event will feature homelessness education, a spirited march through downtown Burlingame (near the train station) including a visit to a local family homeless shelter, games, live music, and snacks. Go to [www.mynewredshoes.org](http://www.mynewredshoes.org) to register as a family, team, or individual. Spread the word!



Several M-A students are on the TAC and will participate in the Walk. If you cannot attend yourself, please consider sponsoring them online [here](#). "Team M-A" consists of Alexander Most, Jamey Blawie, Jared Bloom, Kyle Kessler, Misha Schwarz, Stephanie Sabatini, and Steven Muenzen. Any or all of them would love your support for their great cause. For more information, contact Pam Stoner at [pastoner@sbcglobal.net](mailto:pastoner@sbcglobal.net).

**Bike Ride Fundraiser, Ride for Ravenswood** Saturday, May 16, 8:30 a.m. Donations will serve Ravenswood Family Health Care Center in EPA, providing primary health care for low income, uninsured, and homeless families. Everyone from experienced cyclists to neighborhood walkers are welcome! Specialty coffee and breakfast provided and the ride/walk will commence from the home of Julie & Jeff Brody, 210 Park Lane, Atherton. For more information email [julie@brodyfamily.net](mailto:julie@brodyfamily.net) or visit <http://www.ravenswoodfhc.org/>. A little bit can go a long way!



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## ATHLETICS



**All the Scores and More!**  
(Click [here](#) for This Week's Calendar)

## BEAR SPORTS EVENTS

### **BIG BEAR RUN - REGISTER AT LUNCH ON THE GREEN - FRIDAY, APRIL 24**

The 4th Annual Big Bear 5K Run/Walk (3.1 miles) will commence at 9 a.m. on May 3. Tickets go on sale on the green this Friday - students \$10. Attention M-A Alumni! The first 50 M-A graduates to register will receive a special Big Bear Run hat! We hope to have a large group of M-A alumni cross the finish line! M-A families and friends of all ages are encouraged to register by printing out a [registration form](#) and submitting it. Proceeds from the race benefit each of M-A's 52 sports teams.

**3rd ANNUAL AMERICA'S PASTIME CAR SHOW**, benefitting Menlo-Atherton Baseball, will be held on the M-A field on Saturday, April 25, from 8 a.m. - 3 p.m.. There will be a BBQ, music, a raffle and silent auction, event T-shirts, and over 100 cars on display - Classics, Muscle Cars, Trucks, Imports and Motorcycles. For more information, contact Mike Amoroso at (650) 716-8129.

**.IV GIRLS LACROSSE TOURNAMENT**. This Saturday April 25 M-A will be hosting its 8th

annual JV Girls Lacrosse Tournament. Come join us for a great day of lacrosse and cheer on our team! Tournament starts at 8:00 a.m and the championship game begins at 4:15 p.m.

**M-A's 3rd ANNUAL TENNIS BEAR-A-THON.** The M-A Tennis team is holding its own fundraiser on **Sunday**, April 26, at Stanford University Varsity Tennis Courts from 2 - 8 p.m. Competing in a tennis marathon, both the Boys and Girls Tennis teams will play as many matches as possible to reach the finals and determine this year's Big Bear Champs. The funds raised will go towards completing the final phase of the M-A Tennis Enhancement Project. In addition to the players seeking sponsorship, the entire team welcomes the community, friends and family to come out and watch some truly spectacular tennis.

### **BEAR SPORTS RESULTS**

**BOYS VARSITY GOLF TEAM** traveled to Indio, CA, over Spring Break, competing in the Champions' Invitational Golf Tournament. With nearly 30 high school teams with 164 individuals, M-A's "A" team placed an impressive 7th with a 54 hole score of 943. The team consisted of Nick Sako, Brian Jordan, Ben Jackson, David McNamara, and Max Culhane. Senior Nick Sako placed 3rd as an individual with a 54 hole score of 217, 2 shots off the leader. His final round of 68 was the lowest round of the tournament by 2 strokes. The Bears B team also participated, which included Travis Anderson, Barrett Johnson, Ryan McGill, and Colton Toy.

The team continued their undefeated league winning streak this week winning three separate matches, all 9-holes. Against Carlmont, M-A won by 191 to 212. Match medalist Nick Sako scored 34, freshman sensation David McNamara 37, Ben Jackson 38, and Brian Jordan and Travis Anderson each with 41. Against Aragon, in very gusty, howling wind conditions they not only defeated Aragon 207 to 246, but **clinched the PAL title**. Match medalist Nick Sako scored 38, Max Culhane 40, Brian Jordan 41, Travis Anderson 43, and senior Ryan McGill scored 45. Maintaining a record team scoring differential, the Bears continued their undefeated league streak by beating Sequoia. Scoring 202 to 240, M-A was led by team captain Nick Sako with a 1 over par 37, followed by freshman sensation David McNamara with a 38. After the last league match on Tuesday, 4/21 against Terra Nova, the Bears take their 9-0 record and head to CCS the week of May 4. Good luck!

**BEAR TENNIS TEAM CLINCHES PAL TITLE.** M-A Tennis Bears braved 50 mph winds to defeat San Mateo 6-1. Sophomore Jonathon Friedman and Junior Danny Hartman clinched the win. Then, the #1 Bears took on #2 Burlingame at M-A. Barely winning the first meet, this match was no different. With the match tied at 3 apiece, with junior Alec Haley upsetting the formerly undefeated #1 from B'game, senior George Horowitz came back from a 5-3 deficit in the final set to clinch the first PAL title for the Bears since the legendary teams of the 1980s!

**GIRLS JV LACROSSE TEAM** soundly defeated the Burlingame High Panthers (again) with a final score of 10 to 4! The team is on an awesome winning streak. Goals were scored by: Caroline Edwards and Ellora Israni - 3 each, Becca Higgett - 2, and Brittany Razavi and Diane Masket scored 1 each. This puts the JV Bears at an overall season record of 5-2.

**GIRLS VARSITY LACROSSE TEAM** lost to Burlingame in overtime Thursday afternoon 9 to 8. Scoring for the Bears were Casey Burnett - 3 goals, Adrian Holland - 2 goals, Kendall Eder - 2 goals, and Alex Fanelli - 1 goal. Kendall added 6 assists.

**BOYS VARSITY LACROSSE TEAM.** After some serious give and take in the match against Scotts Valley, Menlo-Atherton won by a single goal, 10-9!!! Leading the scorers were Jeff Sklarin with 5, David McLaughlin with 2 and Dan Mohr, Charlie Fitz and Zander Rohn scored 1 apiece. Goalie, Kevin Sheridan, fought back with 16 saves. Despite missing 5 players on Friday, the Bears took care of the Watsonville Wildkatz 9-5 and were off to enjoy their Prom. Jeff Sklarin led the Bears with 5 goals (3 of them assisted by David McLaughlin). McLaughlin had 3 of his own and Zander Rohn had 1 goal. Sam Weber had a strong 14 saves. M-A meets Archbishop Mitty at home on Monday, 4/29 at 4:00 p.m. Come out and cheer on your Bears!!!

**VARSITY BADMINTON TEAM.** Fighting top ranked Mills, the Bears lost 5 to 10. Boys singles, Sam Ruppecht and Evan Amato had decisive victories. Girls doubles Julia Sommers/ Jordyn Fantuzzi and mixed doubles Nora Ng-Quinn/D-Chao and Sabrina Keller/Patrick Higgins had amazing wins. The next match was narrowly lost to Aragon by a score of 7 to 8. Winning points were earned by boys singles Alex Amato and Evan Amato, girls doubles Kari Loftesness/Lena Reed, boys doubles William Schultz/Gavin Rea, and all three of the mixed double teams: Nora Ng-Quinn/D-Chao, Beltrama/Chan, and Ada Chan/Nick Soon. Special mention goes to the two boys doubles team Andy Grighton/Dan Kozlowski and Oliver Ramleth/Jason Castello who battled strong competition and lost their split game match by only a few points.

**VARSITY BOYS SWIM TEAM** suffered its first loss of the season in a nail-biter against Burlingame that was decided by the very last relay. Kei Masuda and Brian Hohl were individual winners- Masuda posted two individual wins, in the 200 IM and 100 fly, and Hohl won the 100 breaststroke-while M-A scored victories in two of the three relays. The Bears opened the meet with a photo-finish win in the 400 IM relay (Scott Swartz, Richard Hong, Masuda and Eric Wright), and added a win with the 200 free relay (Nick Henze, Jordan Bernstein, Masuda and Wright), but couldn't quite hold on in the final 400 free relay. Come cheer on the Bears at the last meet of the season against Sequoia at home next Thursday, April 23. The senior swimmers-including the only senior boy swimmer, Richard Hong-will be recognized for their contributions to the team.

**VARSITY GIRLS SWIM TEAM** won all three relays at Half Moon Bay thanks to the efforts of Viktoria Kuehn, Emily Dorst, Lindsey Welton, Catherine Higgitt, Vanessa Lane, Hannah Breen, and RYanne Haught. Individual event winners included: Emily Dorst, Hannah Breen, and Heather Bogott.

**FROSH/SOPH SWIM TEAM** won all three relay races against Half Moon Bay. Relay racers included: Katherine Liang, Holly Chen, Emily Gran, Mary Jane O'Neill, Erin Noble and Danielle Flanagan. Kathryn Liang, Holly Chen, Danielle Flanagan and Marie Popp posted winning times in their individual events.

**VARSITY BASEBALL TEAM** had a tough week, dropping two games to Half Moon Bay. Traveling to Half Moon Bay, they lost 5 - 6 in the bottom of the ninth despite another strong pitching effort from Eric Stanske and 4 for 5 hitting from Jeff Keller. At home, M-A lost 19 - 5. Despite a tough defeat, the highlight was Chris Gow's two-run homer out to center field.

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#### **BEARNOTES SUBMISSION INFORMATION**

- Email submissions to [your BearNotes Team](#) by Thursday midnight, spellcheck/proofread them first, and format them in Arial 10 pt.
- Please keep submissions **concise**, and include the organization name, event, date, time, location, and contact info, including web site URL.
- All submissions are subject to editing by the PTA.
- For the PTA policy on BearNotes publication, please go to the [M-A PTA web site](#).

Menlo-Atherton PTA does not endorse third-party events or submissions, nor take responsibility regarding the content of any third-party websites.

#### **Go Bears. Grrrr!**

Your BearNotes Team,  
Julie Brody, Kris De Lisle and Pam Stoner  
M-A High School PTA BearNotes